



February 14, 2013

Town Sports International Holdings, Inc. Announces Fourth Quarter and Full Fiscal Year 2012 Earnings Conference Call

NEW YORK--(BUSINESS WIRE)-- Town Sports International Holdings, Inc. (TSI) (NASDAQ: CLUB), a leading owner and operator of health clubs, will hold its quarterly conference call to discuss fourth quarter and full fiscal year 2012 financial results on Tuesday, February 19, 2013 at 4:30 p.m. Eastern Time.

The conference call will be broadcast on the Company's website at <http://www.mysportsclubs.com>, in the "investor relations" section. An online archive of the webcast will be available within two hours of the conclusion of the call and will remain available for 30 days.

About Town Sports International Holdings, Inc.

New York-based Town Sports International Holdings, Inc. is a leading owner and operator of fitness clubs in the Northeast and mid-Atlantic regions of the United States and, through its subsidiaries, owns and operates 160 health and fitness facilities in four major metropolitan areas—New York, Boston, Washington, D.C. and Philadelphia—with over a half million members.

To learn more about Town Sports, please visit the company's Web site at www.mysportsclubs.com. Town Sports uses its Web site as a channel of distribution of material company information. Financial and other material information regarding Town Sports is routinely posted on the company's Web site and is readily accessible.

Town Sports International Holdings, Inc., New York

Investor Contact:

212-246-6700 ext. 1650

Investor.relations@town-sports.com

or

ICR, Inc.

Joseph Teklits / Farah Soi

203-682-8200

joseph.teklits@icrinc.com

farah.soi@icrinc.com

Source: Town Sports International Holdings, Inc.

News Provided by Acquire Media