



December 6, 2012

Town Sports International Holdings, Inc. to Present at the Wedbush 13th Annual California Dreamin' Consumer Conference

NEW YORK--(BUSINESS WIRE)-- Town Sports International Holdings, Inc. (NASDAQ:CLUB) today announced that it will present at the Wedbush Securities 13th Annual California Dreamin' Consumer Conference "The New York Edition" in New York City on December 11, 2012 at 10:20 am Eastern Time. Robert Giardina, President and Chief Executive Officer, and Dan Gallagher, Chief Financial Officer, will host the presentation.

The audio portion of the presentation will be webcast live at www.mysportsclubs.com under the Investor Relations section. An archived replay will be available two hours after the conclusion of the live event.

About Town Sports International Holdings, Inc.

New York-based Town Sports International Holdings, Inc. is a leading owner and operator of fitness clubs in the Northeast and mid-Atlantic regions of the United States and, through its subsidiaries, operated 160 fitness clubs as of September 30, 2012, comprising 108 New York Sports Clubs, 25 Boston Sports Clubs, 18 Washington Sports Clubs (two of which are partly-owned), six Philadelphia Sports Clubs, and three clubs located in Switzerland. These clubs collectively served approximately 522,000 members. For more information on the Company, visit <http://www.mysportsclubs.com>.

From time to time we may use our Web site as a channel of distribution of material company information. Financial and other material information regarding the Company is routinely posted on and accessible at <http://www.mysportsclubs.com>. In addition, you may automatically receive email alerts and other information about us by enrolling your email by visiting the "Email Alerts" section at <http://www.mysportsclubs.com>.

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