



September 10, 2013

## **Town Sports International Holdings, Inc. Announces Participation in the 21st Annual Deutsche Bank Leveraged Finance Conference**

NEW YORK--(BUSINESS WIRE)-- Town Sports International Holdings, Inc. (NASDAQ: CLUB), a leading owner and operator of health clubs located primarily in major cities from Washington, DC north through New England, today announced that management will present at the 21<sup>st</sup> Annual Deutsche Bank Leveraged Finance Conference in Scottsdale, AZ, on Tuesday, October 1, 2013 at 8:10 am local time (11:10 am Eastern Time). Robert Giardina, President and Chief Executive Officer, and Dan Gallagher, Chief Financial Officer, will host the presentation.

The audio portion of the presentation will be webcast live at [www.mysportsclubs.com](http://www.mysportsclubs.com) under the Investor Relations section. An archived replay will be available two hours after the conclusion of the live event.

### **About Town Sports International Holdings, Inc.**

New York-based Town Sports International Holdings, Inc. is a leading owner and operator of fitness clubs in the Northeast and mid-Atlantic regions of the United States and, through its subsidiaries, operated 164 fitness clubs as of June 30, 2013, comprising 108 New York Sports Clubs, 30 Boston Sports Clubs, 17 Washington Sports Clubs (two of which are partly-owned), six Philadelphia Sports Clubs, and three clubs located in Switzerland. These clubs collectively served approximately 512,000 members. For more information on TSI, visit <http://www.mysportsclubs.com>.

From time to time we may use our Web site as a channel of distribution of material company information. Financial and other material information regarding the Company is routinely posted on and accessible at <http://www.mysportsclubs.com>. In addition, you may automatically receive email alerts and other information about us by enrolling your email by visiting the "Email Alerts" section at <http://www.mysportsclubs.com>.

Town Sports International Holdings, Inc., New York

Investors:

212-246-6700 extension 1650

[investor.relations@town-sports.com](mailto:investor.relations@town-sports.com)

or

ICR, Inc.

Joseph Teklits / Farah Soi

203-682-8390

[farah.soi@icrinc.com](mailto:farah.soi@icrinc.com)

Source: Town Sports International Holdings, Inc.

News Provided by Acquire Media