



## **Town Sports International Holdings, Inc. Announces Fourth Quarter and Calendar Year 2006 Earnings Conference Call**

NEW YORK--(BUSINESS WIRE)--Feb. 26, 2007--Town Sports International (TSI) (NASDAQ: CLUB), a leading owner and operator of health clubs, will hold its quarterly conference call to discuss fourth quarter and calendar year 2006 financial results on Tuesday, March 6, 2007, at 5:00 p.m. Eastern Time.

This call is being web cast by Thomson/CCBN and can be accessed at TSI's Web site at <http://www.mysportsclubs.com>, in the "investor relations" section.

The web cast is also being distributed through the Thomson StreetEvents Network. Individual investors can listen to the call at <http://www.earnings.com>, Thomson's individual investor portal, powered by StreetEvents. Institutional investors can access the call via Thomson StreetEvents (<http://www.streetevents.com>), a password-protected event management site.

About Town Sports International Holdings, Inc.:

New York-based Town Sports International Holdings, Inc. is a leading owner and operator of fitness clubs in the Northeast and mid-Atlantic regions of the United States. In addition to New York Sports Clubs, TSI operates under the brand names of Boston Sports Clubs, Washington Sports Clubs and Philadelphia Sports Clubs, with 146 clubs and more than 447,000 members in the U.S as of December 31, 2006. In addition, the Company operates three facilities in Switzerland with approximately 6,000 members. For more information on TSI visit <http://www.mysportsclubs.com>.

Town Sports International Holdings, Inc., New York

CONTACT: Town Sports International Holdings, Inc.  
Investor:, 212-246-6700 extension 710  
[Investor.relations@town-sports.com](mailto:Investor.relations@town-sports.com) or  
or  
Integrated Corporate Relations  
Joseph Teklits, 203-682-8200  
[joseph.teklits@icrinc.com](mailto:joseph.teklits@icrinc.com)

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