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## Town Sports International Salutes First Responders

NEW YORK, Aug. 1, 2016 /PRNewswire/ -- Town Sports International (TSI) (Nasdaq: CLUB), operators of New York, Boston, Washington, D.C. and Philadelphia Sports Clubs, is honoring the men and women who put their lives on the line every day to save the lives of others by deeming August, "First Responder Appreciation Month." Throughout August TSI is offering complimentary one month memberships to all police, fire, EMS and military personnel so that they may work out for free at the company's 150+ locations throughout the Northeast. To any first responders that are already members, they may bring in a guest for free during the entire month.

TSI has a long shared history with first responders, dating back to 2003 when NYSC partnered with the FDNY to provide memberships for over 10,000 candidates so they had access to train for the FDNY physical exam - the department's first exam following the events of September 11, 2001.

The offer also complements the recently launched Bravest & Finest workout, a workout inspired by the physical challenges required to become a first responder. The class is taught by an NYSC trainer and a member of the NYPD or FDNY.

"We recognize the tremendous physical and mental commitment that it takes to be a first responder," said Michelle Ryan, CMO of TSI. "We are truly grateful to all the men and women who respond without hesitation to protect and serve our neighborhoods and appreciate their daily commitment to keeping us safe."

The first responders' complimentary membership offer begins August 1<sup>st</sup> in all New York Sports Clubs, Boston Sports Clubs, Washington Sports Clubs, and Philadelphia Sports Clubs through August 31<sup>st</sup>. For more information on membership details and club locations, please visit [www.mysportsclubs.com](http://www.mysportsclubs.com).

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### About Town Sports International Holdings, Inc.:

New York-based Town Sports International Holdings, Inc. is one of the leading owners and operators of fitness clubs in the Northeast and mid-Atlantic regions of the United States and, through its subsidiaries, operated 149 fitness clubs as of June 30, 2016, comprising 102 New York Sports Clubs, 27 Boston Sports Clubs, 12 Washington Sports Clubs (one of which is partly-owned), five Philadelphia Sports Clubs, and three clubs located in Switzerland. These clubs collectively served approximately 551,000 members as of June 30, 2016. In addition, the Company also owned two BFX Studio locations and had one partly-owned club that operated under a different brand name in Washington, D.C. as of June 30, 2016.

SOURCE Town Sports International

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