



February 27, 2017

Town Sports International Holdings, Inc. Announces Release of Annual Chairman's Letter

NEW YORK--(BUSINESS WIRE)-- Town Sports International Holdings, Inc. ("TSI" or the "Company") (NASDAQ:CLUB) today announced the release of the annual Chairman's letter.

On February 16, 2017 Town Sports International Holdings, Inc. (the "Company") released fourth quarter and full-year 2016 earnings. For further commentary on 2016 results, please see Patrick Walsh's annual Chairman's letter found at the following link.

<http://investor.mysportsclubs.com/letterfromthechair.cfm>

About Town Sports International Holdings, Inc.:

New York-based Town Sports International Holdings, Inc. is one of the leading owners and operators of fitness clubs in the Northeast and mid-Atlantic regions of the United States and, through its subsidiaries, operated 150 fitness clubs as of December 31, 2016, comprising 102 New York Sports Clubs, 28 Boston Sports Clubs, 12 Washington Sports Clubs (one of which is partly-owned), five Philadelphia Sports Clubs, and three clubs located in Switzerland. These clubs collectively served approximately 544,000 members as of December 31, 2016. For more information on TSI, visit

<http://investor.mysportsclubs.com>.

Town Sports International Holdings, Inc., New York

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