

# TOWN SPORTS INTERNATIONAL HOLDINGS INC

## FORM 10-Q (Quarterly Report)

Filed 04/24/12 for the Period Ending 03/31/12

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Telephone	(212) 246-6700
CIK	0001281774
Symbol	CLUB
SIC Code	7997 - Membership Sports and Recreation Clubs
Industry	Recreational Activities
Sector	Services
Fiscal Year	12/31

**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, D.C. 20549**

**Form 10-Q**

**x QUARTERLY REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934.**

**For the quarterly period ended March 31, 2012**

**or**

**TRANSITION REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934.**

**For the Transition period from to .**

**Commission File Number 000-52013**

**TOWN SPORTS INTERNATIONAL  
HOLDINGS, INC.**

**(Exact name of Registrant as specified in its charter)**

**Delaware**  
**(State or other Jurisdiction of  
Incorporation or Organization)**

**20-0640002**  
**(I.R.S. Employer  
Identification Number)**

**5 Penn Plaza (4th Floor)  
New York, New York 10001  
Telephone: (212) 246-6700**

**(Address, zip code, and telephone number, including area code, of registrant's principal executive office.)**

Indicate by check mark whether the registrant (1) has filed all reports required to be filed by Section 13 and 15(d) of the Securities Exchange Act of 1934 during the preceding 12 months (or for such shorter periods that the registrant was required to file such reports), and (2) has been subject to such filing requirements for the past 90 days. Yes  No

Indicate by check mark whether the registrant has submitted electronically and posted on its corporate Web site, if any, every Interactive Data File required to be submitted and posted pursuant to Rule 405 of Regulation S-T during the preceding 12 months (or for such shorter period that the registrant was required to submit and post such files). Yes  No

Indicate by check mark whether the registrant is a large accelerated filer, an accelerated filer, a non-accelerated filer, or a smaller reporting company. See the definitions of "large accelerated filer," "accelerated filer" and "smaller reporting company" in Rule 12b-2 of the Exchange Act.:

Large accelerated filer  Accelerated filer   
Non-accelerated filer  (Do not check if smaller reporting company) Smaller reporting company

Indicate by check mark whether the Registrant is a shell company (as defined in Rule 12b-2 of the Exchange Act). Yes  No

As of April 20, 2012, there were 23,185,267 shares of Common Stock of the registrant outstanding.

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TOWN SPORTS INTERNATIONAL HOLDINGS, INC. AND SUBSIDIARIES

CONDENSED CONSOLIDATED BALANCE SHEETS  
 March 31, 2012 and December 31, 2011  
 (All figures in thousands except share and per share data)  
 (Unaudited)

	March 31, 2012	December 31, 2011
<b>ASSETS</b>		
Current assets:		
Cash and cash equivalents	\$ 42,391	\$ 47,880
Accounts receivable (less allowance for doubtful accounts of \$2,557 and \$2,440 as of March 31, 2012 and December 31, 2011, respectively)	8,294	5,857
Inventory	163	290
Prepaid corporate income taxes	381	73
Prepaid expenses and other current assets	9,001	10,599
Total current assets	60,230	64,699
Fixed assets, net	275,884	286,041
Goodwill	32,843	32,799
Deferred tax assets, net	37,603	40,000
Deferred membership costs	10,867	10,117
Other assets	15,858	15,886
Total assets	<u>\$433,285</u>	<u>\$ 449,542</u>
<b>LIABILITIES AND STOCKHOLDERS' EQUITY</b>		
Current liabilities:		
Current portion of long-term debt	\$ 9,800	\$ 25,507
Accounts payable	6,930	9,180
Accrued expenses	22,052	26,575
Accrued interest	728	950
Deferred revenue	46,827	40,822
Total current liabilities	86,337	103,034
Long-term debt	259,034	263,487
Deferred lease liabilities	64,482	65,119
Deferred revenue	6,122	5,338
Other liabilities	12,004	12,210
Total liabilities	427,979	449,188
Contingencies (Note 11)		
Stockholders' equity:		
Common stock, \$.001 par value; issued and outstanding 23,185,267 and 23,040,881 shares at March 31, 2012 and December 31, 2011, respectively	23	23
Additional paid-in capital	(18,930)	(19,934)
Accumulated other comprehensive income	1,349	1,251
Retained earnings	22,864	19,014
Total stockholders' equity	5,306	354
Total liabilities and stockholders' equity	<u>\$433,285</u>	<u>\$ 449,542</u>

See notes to condensed consolidated financial statements.

TOWN SPORTS INTERNATIONAL HOLDINGS, INC. AND SUBSIDIARIES

CONDENSED CONSOLIDATED STATEMENTS OF OPERATIONS

For the Three Months Ended March 31, 2012 and 2011

(All figures in thousands except share and per share data)

(Unaudited)

	Three Months Ended March 31,	
	2012	2011
<b>Revenues:</b>		
Club operations	\$ 121,734	\$ 115,592
Fees and other	1,178	1,113
	<u>122,912</u>	<u>116,705</u>
<b>Operating Expenses:</b>		
Payroll and related	47,359	45,252
Club operating	45,131	44,102
General and administrative	5,933	7,420
Depreciation and amortization	12,860	13,002
	<u>111,283</u>	<u>109,776</u>
Operating income	11,629	6,929
Interest expense	5,931	5,582
Interest income	(10)	(71)
Equity in the earnings of investees and rental income	(588)	(644)
Income before provision for corporate income taxes	6,296	2,062
Provision for corporate income taxes	2,446	529
Net income	<u>\$ 3,850</u>	<u>\$ 1,533</u>
Earnings per share:		
Basic	\$ 0.17	\$ 0.07
Diluted	\$ 0.16	\$ 0.07
Weighted average number of shares used in calculating earnings per share:		
Basic	23,118,028	22,710,996
Diluted	23,840,907	23,073,147

See notes to condensed consolidated financial statements.

**TOWN SPORTS INTERNATIONAL HOLDINGS, INC. AND SUBSIDIARIES**  
**CONDENSED CONSOLIDATED STATEMENTS OF COMPREHENSIVE INCOME**  
**For the Three Months Ended March 31, 2012 and 2011**  
**(All figures in thousands)**  
**(Unaudited)**

	Three Months Ended	
	March 31,	
	<u>2012</u>	<u>2011</u>
<b>Statements of Comprehensive Income:</b>		
Net income	\$ 3,850	\$ 1,533
Foreign currency translation adjustments	158	222
Interest rate swap, net of tax	(60)	—
Comprehensive income	<u>\$ 3,948</u>	<u>\$ 1,755</u>

See notes to condensed consolidated financial statements.

TOWN SPORTS INTERNATIONAL HOLDINGS, INC. AND SUBSIDIARIES

CONDENSED CONSOLIDATED STATEMENTS OF CASH FLOWS

For the Three Months Ended March 31, 2012 and 2011

(All figures in thousands)

(Unaudited)

	<u>Three Months Ended March 31,</u>	
	<u>2012</u>	<u>2011</u>
<b>Cash flows from operating activities:</b>		
Net income	\$ 3,850	\$ 1,533
Adjustments to reconcile net income to net cash provided by operating activities:		
Depreciation and amortization	12,860	13,002
Amortization of debt discount	97	—
Amortization of debt issuance costs	288	282
Non-cash rental expense, net of non-cash rental income	(859)	(1,120)
Compensation expense incurred in connection with stock options and common stock grants	329	348
Decrease in deferred tax asset	2,413	518
Net change in certain operating assets and liabilities	(1,451)	12,594
Increase in deferred membership costs	(750)	(1,200)
Landlord contributions to tenant improvements	663	149
Decrease in insurance reserves	(589)	(330)
Other	(447)	(368)
Total adjustments	<u>12,554</u>	<u>23,875</u>
Net cash provided by operating activities	<u>16,404</u>	<u>25,408</u>
<b>Cash flows from investing activities:</b>		
Capital expenditures	(2,348)	(5,335)
Net cash used in investing activities	<u>(2,348)</u>	<u>(5,335)</u>
<b>Cash flows from financing activities:</b>		
Principal payments on 2011 Term Loan Facility	(20,257)	—
Principal payments on 2007 Term Loan Facility	—	(14,062)
Proceeds from exercise of stock options	349	117
Tax benefit from stock option exercises	326	20
Net cash used in financing activities	<u>(19,582)</u>	<u>(13,925)</u>
Effect of exchange rate changes on cash	37	282
Net (decrease) increase in cash and cash equivalents	<u>(5,489)</u>	<u>6,430</u>
Cash and cash equivalents beginning of period	\$ 47,880	\$ 38,803
Cash and cash equivalents end of period	<u>\$ 42,391</u>	<u>\$ 45,233</u>
<b>Summary of the change in certain operating assets and liabilities:</b>		
Increase in accounts receivable	\$ (2,421)	\$ (1,729)
Decrease (increase) in inventory	128	(120)
Decrease in prepaid expenses and other current assets	1,215	4,589
(Decrease) increase in accounts payable, accrued expenses and accrued interest	(7,082)	687
Change in prepaid corporate income taxes and corporate income taxes payable	(308)	1,437
Increase in deferred revenue	7,017	7,730
Net change in certain operating assets and liabilities	<u>\$ (1,451)</u>	<u>\$ 12,594</u>
Supplemental disclosures of cash flow information:		
Cash payments for interest	\$ 5,747	\$ 9,012
Cash payments for income taxes	<u>\$ 14</u>	<u>\$ 66</u>

See notes to condensed consolidated financial statements.

**TOWN SPORTS INTERNATIONAL HOLDINGS, INC. AND SUBSIDIARIES**

**NOTES TO CONDENSED CONSOLIDATED FINANCIAL STATEMENTS**

**(In thousands except share and per share data)**

**(Unaudited)**

**1. Basis of Presentation**

As of March 31, 2012, Town Sports International Holdings, Inc. (the “Company” or “TSI Holdings”), through its wholly-owned subsidiary, Town Sports International, LLC (“TSI, LLC”), operated 160 fitness clubs (“clubs”), comprised of 108 clubs in the New York metropolitan market under the “New York Sports Clubs” brand name, 25 clubs in the Boston market under the “Boston Sports Clubs” brand name, 18 clubs (two of which are partly-owned) in the Washington, D.C. market under the “Washington Sports Clubs” brand name, six clubs in the Philadelphia market under the “Philadelphia Sports Clubs” brand name and three clubs in Switzerland. The Company’s operating segments are New York Sports Clubs, Boston Sports Clubs, Philadelphia Sports Clubs, Washington Sports Clubs and Swiss Sports Clubs. The Company has determined that its operating segments have similar economic characteristics and meet the criteria which permit them to be aggregated into one reportable segment.

The condensed consolidated financial statements included herein have been prepared by the Company pursuant to the rules and regulations of the Securities and Exchange Commission (the “SEC”). The condensed consolidated financial statements should be read in conjunction with the Company’s December 31, 2011 consolidated financial statements and notes thereto, included in the Company’s Annual Report on Form 10-K for the year ended December 31, 2011. The year-end condensed balance sheet data included within this Form 10-Q was derived from audited financial statements, but does not include all disclosures required by accounting principles generally accepted in the United States of America (“US GAAP”). Certain information and footnote disclosures that are normally included in financial statements prepared in accordance with US GAAP have been condensed or omitted pursuant to SEC rules and regulations. The information reflects all adjustments which, in the opinion of management, are necessary for a fair presentation of the financial position and results of operations for the interim periods set forth herein. The results for the three months ended March 31, 2012 are not necessarily indicative of the results for the entire year ending December 31, 2012.

***Change in Estimated Average Membership Life***

Joining fees and related direct and incremental expenses of membership acquisition, which include sales commissions, bonuses and related taxes and benefits, which are direct and incremental costs related to the sale of new memberships, are currently deferred and recognized, on a straight-line basis, in operations over an estimated membership life of 28 months. In the year ended December 31, 2011, the economy stabilized further and favorable membership retention rates continued. As a result, the Company’s estimated average membership life increased from 27 months as of December 31, 2010 to 28 months in July 2011, and to 29 months in October 2011. During the three months ended March 31, 2012, the Company decreased the estimated average membership life back to 28 months from 29 months, based on more recent available trend data. This change in the estimated average membership life was due principally to a slightly unfavorable trend in membership retention rates. In particular, the membership retention trend for the Company’s pool of members that joined over the prior 15 to 24 month period had decreased slightly. If the estimated average membership life had remained at 29 months for the three months ended March 31, 2012, the impact would have been a decrease in revenue and net income of approximately \$140 and \$17, respectively. The Company will continue to monitor attrition trends on a quarterly basis and adjust this estimated average membership life accordingly.

The Company tracks the estimated membership life of restricted members separately from unrestricted members. Until the fourth quarter of 2011, there was a lack of sufficient historical data to statistically determine an estimated average membership life for these restricted members and, therefore, the Company was using the same estimated average membership life for this population as that of its unrestricted members. The restricted membership base currently includes student memberships introduced in April 2010, teacher memberships introduced in April 2011 and first responder memberships introduced in September 2011. The Company now believes the estimated average membership life of a restricted student member is 25 months using historical data from April 2010 through March 31, 2012. This represents an increase from 24 months as of December 31, 2011. If the estimated average membership life for restricted student members had remained at 24 months for the three months ended March 31, 2012, the impact would have been an increase in revenue and net income of approximately \$56 and \$28, respectively. The Company will continue to monitor attrition trends of students on a quarterly basis and adjust this estimated average membership life accordingly. Since there is still a lack of sufficient historical data available for the other restricted membership types, the Company continues to use the same estimated average membership life for this population as that of its unrestricted members.

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### 2. Recent Accounting Pronouncements

In June 2011, the Financial Accounting Standards Board (“FASB”) amended its authoritative guidance on the presentation of comprehensive income. Under the amendment, an entity has the option to present the total of comprehensive income, the components of net income, and the components of other comprehensive income either in a single continuous statement of comprehensive income or in two separate but consecutive statements. This amendment, therefore, eliminates the currently available option to present the components of other comprehensive income as part of the statement of changes in stockholders’ equity. The amendment does not change the items that must be reported in other comprehensive income or when an item of other comprehensive income must be reclassified to net income. The Company adopted this amended guidance for the fiscal year beginning January 1, 2012 and has elected to present two separate but consecutive statements, consisting of a statement of operations followed by a statement of comprehensive income. As this guidance relates to presentation only, the adoption of this guidance did not have any other effect on the Company’s financial statements. The new guidance was applied retrospectively.

In September 2011, the FASB issued updated guidance allowing the use of a qualitative approach to test goodwill for impairment. The updated guidance permits companies to first perform a qualitative assessment to determine whether it is more likely than not that the fair value of one of their reporting units is less than its carrying value. If the Company concludes that this is the case, it is then necessary to perform the currently prescribed two-step goodwill impairment test. Otherwise, the two-step goodwill impairment test is not required. The updated guidance is effective for annual and interim goodwill impairment tests performed for fiscal years beginning after December 15, 2011 with early adoption permitted. The Company adopted this amended guidance for the fiscal year beginning January 1, 2012 and applied the guidance for the Company’s annual goodwill impairment test performed on February 29, 2012. The Company’s qualitative assessment pursuant to the amended guidance indicated that it is more likely than not that the fair value of the Company’s goodwill reporting units are greater than their carrying amounts and therefore the two-step quantitative goodwill impairment test was not performed.

### 3. Long-Term Debt

	<u>March 31, 2012</u>	<u>December 31, 2011</u>
2011 Term Loan Facility	\$ 271,493	\$ 291,750
Less: Unamortized discount	(2,659)	(2,756)
Less: Current portion due within one year	(9,800)	(25,507)
Long-term portion	<u>\$ 259,034</u>	<u>\$ 263,487</u>

On May 11, 2011, TSI, LLC entered into a \$350,000 senior secured credit facility (“2011 Senior Credit Facility”). The 2011 Senior Credit Facility consists of a \$300,000 term loan facility (“2011 Term Loan Facility”), and a \$50,000 revolving loan facility (“2011 Revolving Loan Facility”). The 2011 Term Loan Facility was issued at an original issue discount (“OID”) of 1.0% or \$3,000. The proceeds were used to pay off amounts outstanding under the Company’s previously outstanding long-term debt facility (“2007 Senior Credit Facility”), to pay the redemption price for all of the Company’s outstanding 11% senior discount notes due in 2014 (“Senior Discount Notes”), and to pay related fees and expenses. None of the revolving facility was drawn upon as of the closing date, but loans under the 2011 Revolving Loan Facility may be drawn from time to time pursuant to the terms of the 2011 Senior Credit Facility. The 2011 Term Loan Facility matures on May 11, 2018, and the 2011 Revolving Loan Facility matures on May 11, 2016. The borrowings under the 2011 Senior Credit Facility are guaranteed and secured by assets and pledges of capital stock by the Company, TSI, LLC and the wholly-owned domestic subsidiaries of TSI, LLC.

The \$3,000 OID is recorded as a contra-liability to long-term debt on the accompanying condensed consolidated balance sheet and is being amortized as interest expense using the effective interest method. The unamortized balance of the OID as of March 31, 2012 is \$2,659.

As of March 31, 2012, there were no outstanding 2011 Revolving Loan Facility borrowings and outstanding letters of credit issued totaled \$6,341. The unutilized portion of the 2011 Revolving Loan Facility as of March 31, 2012 was \$43,659.

Borrowings under the 2011 Term Loan Facility, at TSI, LLC’s option, bear interest at either the administrative agent’s base rate plus 4.5% or its Eurodollar rate plus 5.5%, each as defined in the 2011 Senior Credit Facility. The Eurodollar Rate has a floor of 1.50% and the base rate a floor of 2.50% with respect to the outstanding term loans. As of March 31, 2012, the interest rate was 7.0%. TSI, LLC is required to pay 0.25% of principal, or \$750 per quarter, in respect of such loans. If, as of

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the last day of any fiscal quarter of TSI Holdings, the total leverage ratio is greater than 2.75:1.00, TSI, LLC is required to pay \$3,750, or 1.25% of principal. As of March 31, 2012, TSI, LLC had a total leverage ratio of 2.68:1.00 and TSI, LLC will be required to make a principal payment of \$750 on June 30, 2012. As of March 31, 2012, TSI, LLC has made a total of \$28,507 in principal payments on the 2011 Term Loan Facility.

The terms of the 2011 Senior Credit Facility provide for financial covenants which require TSI, LLC to maintain a total leverage ratio, as defined, of no greater than 4.50:1.00 or less effective March 31, 2012 and thereafter; an interest expense coverage ratio of no less than 2.00:1.00; and a covenant that limits capital expenditures to \$40,000 for the four quarters ending in any quarter during which the total leverage ratio is greater than 3.00:1.00 and to \$50,000 for the four quarters ending in any quarter during which the ratio is less than or equal to 3.00 to 1.00 but greater than 2.50:1.00. This covenant does not limit capital expenditures if the ratio is less than or equal to 2.50:1.00. TSI, LLC was in compliance with these covenants as of March 31, 2012 with a total leverage ratio of 2.68:1.00 and an interest expense coverage ratio of 3.99:1.00.

TSI, LLC may prepay the 2011 Term Loan Facility and 2011 Revolving Loan Facility without premium or penalty in accordance with the 2011 Senior Credit Facility, except that a prepayment premium of 2.0% is payable prior to May 11, 2012 and a prepayment premium of 1.0% is payable from May 11, 2012 to May 11, 2013. Mandatory prepayments are required in certain circumstances relating to cash flow in excess of certain expenditures, asset sales, insurance recovery and incurrence of certain other debt. The 2011 Senior Credit Facility contains provisions that require excess cash flow payments, as defined in the 2011 Senior Credit Facility, to be applied against outstanding 2011 Term Loan Facility balances. The excess cash flow is calculated as of December 31 and paid on March 31. The applicable excess cash flow repayment percentage is applied to the excess cash flow when determining the excess cash flow payment. Earnings, changes in working capital and capital expenditure levels all impact the determination of any excess cash flows. The applicable excess cash flow repayment percentage is 75% when the total leverage ratio, as defined in the 2011 Senior Credit Facility, exceeds 3.00:1.00; 50% when the total leverage ratio is greater than 2.50:1.00 but less than or equal to 3.00:1.00; 25% when the total leverage ratio is greater than 2.00:1.00 but less than or equal to 2.50:1.00 and 0% when the total leverage ratio is less than or equal to 2.00:1.00. This calculation was performed as of December 31, 2011 and as a result a principal payment of \$16,507 was made with cash on hand on March 31, 2012. Based on current forecasted expectations of earnings, changes in working capital, capital expenditures and debt levels, the Company estimates that the excess cash flow calculation as of December 31, 2012 would result in approximately \$6,800 payable on March 31, 2013.

As of March 31, 2012, the 2011 Term Loan Facility has a balance of \$268,834, net of the unamortized OID.

Debt issuance costs related to the 2011 Senior Credit Facility were \$8,065, of which, \$7,288 is being amortized as interest expense, and are included in other assets in the accompanying condensed consolidated balance sheets.

### ***Fair Market Value***

Based on quoted market prices, the 2011 Term Loan Facility had a fair value of approximately \$272,171 at March 31, 2012 and is classified within level 2 of the fair value hierarchy. In the prior year, the Company's long-term debt consisted of the Senior Discount Notes and the 2007 Term Loan Facility, which on May 2011, were repaid in full in connection with the Company's long-term debt refinancing. The Senior Discount Notes and the 2007 Term Loan Facility had a fair value of approximately \$140,527 and \$159,081, respectively at March 31, 2011.

## **4. Derivative Financial Instruments**

In its normal operations, the Company is exposed to market risks relating to fluctuations in interest rates. In order to minimize the negative impact of such fluctuations on the Company's cash flows the Company may enter into derivative financial instruments ("derivatives"), such as interest-rate swaps. Any instruments are not entered into for trading purposes and the Company only uses commonly traded instruments. Currently, the Company has used derivatives solely relating to the variability of cash flows from interest rate fluctuations.

When a derivative is executed and hedge accounting is appropriate, it is designated as a cash flow hedge. Interest rate swaps are designated as cash flow hedges for accounting purposes since they are being used to transform variable interest rate exposure to fixed interest rate exposure on a recognized liability (debt). On an ongoing basis, the Company assesses the hedge effectiveness of all derivatives designated as hedges for accounting purposes to determine if they continue to be highly effective in offsetting changes in cash flows of the underlying hedged items.

On July 1, 2011, the Company entered into an interest rate swap arrangement which effectively converted \$150,000, of its variable-rate debt based on a one-month Eurodollar rate to a fixed rate of 1.983%, or a total fixed rate of 7.483%, on this

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\$150,000 when including the applicable 5.50% margin. This swap matures on July 13, 2014. As permitted by ASC 815, Derivatives and Hedging, the Company has designated this swap as a cash flow hedge, the effects of which have been reflected in the Company's condensed consolidated financial statements as of and for the three months ended March 31, 2012. The objective of this hedge is to manage the variability of cash flows in the interest payments related to the portion of the variable-rate debt designated as being hedged.

Accounting guidance on fair value measurements specifies a hierarchy of valuation techniques based on whether the inputs to those valuation techniques are observable or unobservable. Observable inputs reflect market data obtained from independent sources, while unobservable inputs reflect our market assumptions. These two types of inputs create the following fair value hierarchy:

- Level 1—Quoted prices for *identical* instruments in active markets.
- Level 2—Quoted prices for *similar* instruments in active markets; quoted prices for identical or similar instruments in markets that are not active; and model-derived valuations in which all significant inputs and significant value drivers are observable in active markets.
- Level 3—Valuations derived from valuation techniques in which one or more significant inputs or significant value drivers are unobservable.

This hierarchy requires the Company to use observable market data, when available, and to minimize the use of unobservable inputs when determining fair value.

The fair value for the Company's interest rate swap is determined using observable current market information such as the prevailing Eurodollar interest rate and Eurodollar yield curve rates and include consideration of counterparty credit risk. The following table presents the fair value of the Company's derivative financial instrument:

	Total Fair Value	Fair Value Measurements Using:		
		Quoted Prices in Active Markets for Identical Assets (Level 1)	Other Observable Inputs (Level 2)	Significant Unobservable Inputs (Level 3)
Interest rate swap liability as of March 31, 2012	\$ 1,417	\$ —	\$ 1,417	\$ —

No ineffectiveness was experienced in the above-noted cash flow hedge during the three months ended March 31, 2012. The swap contract liability of \$1,417 is recorded as a component of other liabilities with an offset to accumulated other comprehensive income (\$801, net of taxes) on the accompanying condensed consolidated balance sheet as of March 31, 2012.

## 5. Concentration of Credit Risk

Financial instruments that potentially subject the Company to concentrations of credit risk consist of cash and cash equivalents and the interest rate swap. Although the Company deposits its cash with more than one financial institution, as of March 31, 2012, \$28,156 of the cash balance of \$42,391 was held at one financial institution. The Company has not experienced any losses on cash and cash equivalent accounts to date, and the Company believes that, based on the credit ratings of these financial institutions, it is not exposed to any significant credit risk related to cash at this time.

The counterparty to the Company's interest rate swap is a major banking institution with a credit rating of investment grade or better and no collateral is required, and there are no significant risk concentrations. The Company believes the risk of incurring losses on derivative contracts related to credit risk is unlikely.

## 6. Earnings Per Share

Basic earnings per share is computed by dividing net income applicable to common stockholders by the weighted average numbers of shares of common stock outstanding during the period. Diluted earnings per share is computed similarly to basic earnings per share, except that the denominator is increased for the assumed exercise of dilutive stock options and unvested restricted stock calculated using the treasury stock method.

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	Three Months Ended	
	March 31,	
	2012	2011
Weighted average number of shares of common stock outstanding — basic	23,118,028	22,710,996
Effect of dilutive share-based awards	<u>722,879</u>	<u>362,151</u>
Weighted average number of shares of common stock outstanding — diluted	<u>23,840,907</u>	<u>23,073,147</u>
Earnings per share:		
Basic	\$ 0.17	\$ 0.07
Diluted	\$ 0.16	\$ 0.07

For the three months March 31, 2012 and 2011, the Company did not include stock options to purchase 336,180 shares and 680,214 shares of the Company's common stock, respectively, in the calculations of diluted EPS because the exercise prices of those options were greater than the average market price and such inclusion would be anti-dilutive.

### 7. Stock-Based Compensation

The Company's 2006 Stock Incentive Plan, as amended and restated (the "2006 Plan"), authorizes the Company to issue up to 3,000,000 shares of common stock to employees, non-employee directors and consultants pursuant to awards of stock options, stock appreciation rights, restricted stock, in payment of performance shares or other stock-based awards. Under the 2006 Plan, stock options must be granted at a price not less than the fair market value of the stock on the date the option is granted, generally are not subject to re-pricing, and will not be exercisable more than ten years after the date of grant. Options granted under the 2006 Plan generally qualify as "non-qualified stock options" under the U.S. Internal Revenue Code. Certain options granted under the Company's 2004 Common Stock Option Plan, as amended (the "2004 Plan"), generally qualify as "incentive stock options" under the U.S. Internal Revenue Code; the exercise price of a stock option granted under this plan may not be less than the fair market value of Common Stock on the option grant date.

At March 31, 2012, the Company had 79,520 stock options outstanding under the 2004 Plan and 1,793,135 shares of restricted stock and stock options outstanding under the 2006 Plan.

The Company did not issue any stock option grants or restricted stock awards during the three months ended March 31, 2012.

The total compensation expense, classified within payroll and related on the condensed consolidated statements of operations, related to options outstanding was \$165 and \$264 for the three months ended March 31, 2012 and 2011, respectively.

As of March 31, 2012, a total of \$600 in unrecognized compensation cost related to stock options is expected to be recognized over a weighted-average period of 2.1 years.

The total compensation expense, classified within payroll and related on the condensed consolidated statements of operations, related to restricted stock was \$70 and \$14 for the three months ended March 31, 2012 and 2011, respectively.

As of March 31, 2012, a total of \$1,064 in unrecognized compensation expense related to restricted stock awards is expected to be recognized over a weighted-average period of 3.4 years.

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### Stock Grants

In the three months ended March 31, 2012, the Company issued shares of common stock to members of the Company's Board of Directors as payment of their annual and quarterly retention. The total fair value of the shares issued was expensed upon the date of grant. Total shares issued were:

<u>Date</u>	<u>Number of Shares</u>	<u>Price Per Share</u>	<u>Grant Date Fair Value</u>
January 18, 2012	10,835	\$ 8.69	\$ 94

### 8. Fixed Asset Impairment

Fixed assets are evaluated for impairment periodically whenever events or changes in circumstances indicate that related carrying amounts may not be recoverable from undiscounted cash flows in accordance with FASB released guidance. The Company's long-lived assets and liabilities are grouped at the individual club level, which is the lowest level for which there is identifiable cash flow. To the extent that estimated future undiscounted net cash flows attributable to the assets are less than the carrying amount, an impairment charge equal to the difference between the carrying value of such asset and its fair value, calculated using discounted cash flows, is recognized. In the three months ended March 31, 2012, the Company tested six underperforming clubs and no impairments were found. The six clubs had an aggregate of \$14,304 of net leasehold improvements and furniture and fixtures remaining as of March 31, 2012. The Company will continue to monitor the results and changes in expectations of these clubs closely during 2012 to determine if fixed asset impairment is necessary. The Company did not record any fixed asset impairment charges during the three months ended March 31, 2011.

### 9. Goodwill and Other Intangibles

Goodwill has been allocated to reporting units that closely reflect the regions served by the Company's four trade names: New York Sports Clubs ("NYSC"), Boston Sports Clubs ("BSC"), Washington Sports Clubs ("WSC") and Philadelphia Sports Clubs ("PSC"), with certain more remote clubs that do not benefit from a regional cluster being considered single reporting units ("Outlier Clubs") and the Company's three clubs located in Switzerland being considered a single reporting unit ("SSC"). The Company has one Outlier Club with goodwill. The BSC, WSC and PSC regions do not have goodwill balances.

The Company's annual goodwill impairment tests are performed on the last day of February, or more frequently, should circumstances change which would indicate the fair value of goodwill is below its carrying amount. The Company's prior year impairment test, performed as of February 28, 2011, supported the recorded goodwill balances and as such, no impairment of goodwill was required. The valuation of reporting units requires assumptions and estimates of many critical factors, including revenue and market growth, operating cash flows and discount rates.

On January 1, 2012, the Company adopted updated guidance issued by the FASB allowing the use of a qualitative approach to test goodwill for impairment and performed its annual impairment test as of February 29, 2012 pursuant to the updated rules. Under the new rules, an entity has the option to first assess qualitative factors to determine whether the existence of events or circumstances leads to a determination that it is more likely than not that the fair value of a reporting unit is less than its carrying amount. If, after assessing the totality of events or circumstances, an entity determines it is not more likely than not that the fair value of a reporting unit is less than its carrying amount, then performing the two-step impairment test is unnecessary. In assessing the qualitative factors to determine whether it is more likely than not that the fair value of a reporting unit is less than its carrying amount, the Company assessed relevant events and circumstances that may impact the fair value and the carrying amount of the reporting unit. The identification of relevant events and circumstances and how these may impact a reporting unit's fair value or carrying amount involve significant judgments and assumptions. The judgment and assumptions include the identification of macroeconomic conditions, industry and market considerations, cost factors, overall financial performance, Company specific events and share price trends and making the assessment on whether each relevant factor will impact the impairment test positively or negatively and the magnitude of any such impact. Based upon the Company's qualitative impairment analysis as of February 29, 2012, prepared in accordance with revised guidance, the Company concluded that there was no requirement to do a quantitative goodwill impairment test. The key qualitative factors that led to this conclusion were (i) the excess amount or "cushion" between each of the reporting unit's fair value and carrying value as indicated on the Company's most recent quantitative assessment on February 28, 2011; (ii) the significant increase in the share price and market capitalization of the Company since the prior year goodwill impairment analysis; and (iii) the overall positive financial performance of the reporting units for the twelve months ended February 29, 2012 as compared to the twelve months ended February 28, 2011 and related improvements in the five year plan.

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The Company's next annual impairment test will be performed as of February 28, 2013 or earlier, if any such change constitutes a triggering event outside the quarter when the annual goodwill impairment test is performed. There were no triggering events in the three months ended March 31, 2012.

The changes in the carrying amount of goodwill from January 1, 2011 through March 31, 2012 are detailed in the charts below.

	<u>NYSC</u>	<u>BSC</u>	<u>SSC</u>	<u>Outlier Clubs</u>	<u>Total</u>
<b>Balance as of January 1, 2011</b>					
Goodwill	\$31,403	\$ 15,766	\$1,254	\$ 3,982	\$ 52,405
Accumulated impairment of goodwill	—	(15,766)	—	(3,845)	(19,611)
	<u>31,403</u>	<u>—</u>	<u>1,254</u>	<u>137</u>	<u>32,794</u>
<b>Balance as of December 31, 2011</b>					
Goodwill	31,403	15,766	1,254	3,982	52,405
Accumulated impairment of goodwill	—	(15,766)	—	(3,845)	(19,611)
	<u>31,403</u>	<u>—</u>	<u>1,254</u>	<u>137</u>	<u>32,794</u>
Changes due to foreign currency exchange rate fluctuations	—	—	5	—	5
	<u>31,403</u>	<u>—</u>	<u>1,259</u>	<u>137</u>	<u>32,799</u>
<b>Balance as of March 31, 2012</b>					
Goodwill	31,403	15,766	1,259	3,982	52,410
Accumulated impairment of goodwill	—	(15,766)	—	(3,845)	(19,611)
	<u>31,403</u>	<u>—</u>	<u>1,259</u>	<u>137</u>	<u>32,799</u>
Changes due to foreign currency exchange rate fluctuations	—	—	44	—	44
	<u>\$31,403</u>	<u>\$ —</u>	<u>\$1,303</u>	<u>\$ 137</u>	<u>\$ 32,843</u>

## 10. Income Taxes

The Company determined the income tax provision for the three months ended March 31, 2012 and 2011 by estimating the effective annual tax rates for 2012 and 2011 of 39% and 26%, respectively.

The Company recorded a provision for corporate income taxes of \$2,446 for the three months ended March 31, 2012 compared to a provision of \$529 for the three months ended March 31, 2011. The Company's effective tax rate was 39% in the three months ended March 31, 2012 compared to 26% in the three months ended March 31, 2011. The benefits from the Company's captive insurance arrangement impacted the Company's effective tax rate on its pre-tax income in the three months ended March 31, 2012 from 44% to 39% and impacted the Company's effective tax rate on its pre-tax income for the three months ended March 31, 2011 from 43% to 26%.

As of March 31, 2012, \$1,013 represents the amount of unrecognized tax benefits that, if recognized, would affect the Company's effective tax rate in 2012.

The Company recognizes both interest accrued related to unrecognized tax benefits and penalties in income tax expense, if deemed applicable. As of March 31, 2012, the amount accrued for interest was \$263.

The Company files federal income tax returns, a foreign jurisdiction return and multiple state and local jurisdiction tax returns. The Company is no longer subject to examinations of its federal income tax returns by the Internal Revenue Service for years 2009 and prior. The following state and local jurisdictions are currently examining the Company's respective returns for the years indicated: New York State (2006, 2007, 2008, 2009), and New York City (2006, 2007, 2008). These examinations are ongoing and the Company is working with the respective taxing authorities and providing all requested information.

As of March 31, 2012, the Company has net deferred tax assets of \$37,603. Quarterly, the Company assesses the weight of all positive and negative evidence to determine whether the net deferred tax asset is realizable. In 2011, the Company returned to profitability while in 2010 and 2009, the Company incurred losses. In 2012, the Company had a profitable first

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quarter and expects to be profitable for the full year 2012. The Company has historically been a taxpayer and projects that it will be in a three year cumulative income position, excluding non-recurring items, as of December 31, 2012. In addition, the Company, based on recent trends, projects improved performance and future income sufficient to realize the deferred tax assets during the periods when the temporary tax deductible differences reverse. The Company has federal and state net operating loss carry-forwards which the Company believes will be realized within the available carry-forward period, except for a small state net operating loss carry-forward in Rhode Island due to the short carry-forward period in that state. Accordingly, the Company concluded that it is more likely than not that the deferred tax assets will be realized. If actual results do not meet the Company's forecasts and the Company incurs losses in 2012 and beyond, a valuation allowance against the deferred tax assets may be required in the future. In addition, with the exception of the deductions related to the Company's captive insurance for state taxes, taxable income has been and is projected to be the same as federal. The state net deferred tax asset balance as of March 31, 2012 is \$21,191.

### 11. Contingencies

On or about March 1, 2005, in an action styled *Sarah Cruz, et al v. Town Sports International, d/b/a New York Sports Club*, plaintiffs commenced a purported class action against TSI, LLC in the Supreme Court, New York County, seeking unpaid wages and alleging that TSI, LLC violated various overtime provisions of the New York State Labor Law with respect to the payment of wages to certain trainers and assistant fitness managers. On or about June 18, 2007, the same plaintiffs commenced a second purported class action against TSI, LLC in the Supreme Court of the State of New York, New York County, seeking unpaid wages and alleging that TSI, LLC violated various wage payment and overtime provisions of the New York State Labor Law with respect to the payment of wages to all New York purported hourly employees. On September 17, 2010, TSI, LLC made motions to dismiss the class action allegations of both lawsuits for plaintiffs' failure to timely file motions to certify the class actions. Oral argument on the motions occurred on November 10, 2010. A decision is still pending. While it is not possible to estimate the likelihood of an unfavorable outcome or a range of loss in the case of an unfavorable outcome to TSI, LLC at this time, the Company intends to contest these cases vigorously. Depending upon the ultimate outcome, these matters may have a material adverse effect on TSI, LLC's and the Company's consolidated results of operations, financial condition or cash flows.

On September 22, 2009, in an action styled *Town Sports International, LLC v. Ajilon Solutions, a division of Ajilon Professional Staffing LLC* (Supreme Court of the State of New York, New York County, 602911-09), TSI, LLC brought an action in the Supreme Court of the State of New York, New York County, against Ajilon for breach of contract, conversion and replevin, seeking, among other things, money damages against Ajilon for breaching its agreement to design and deliver to TSI, LLC a new sports club enterprise management system known as GIMS, including failing to provide copies of the computer source code written for GIMS, related documentation, properly identified requirements documents and other property owned and licensed by TSI, LLC. Subsequently, on October 14, 2009, Ajilon brought a counterclaim against TSI, LLC alleging breach of contract, alleging, among other things, failure to pay outstanding invoices in the amount of \$2,900. On March 3, 2011, Ajilon amended its counterclaims to include additional claims for breach of contract and for unjust enrichment, including claims for unspecified additional damages for work allegedly performed by one of its subcontractors. On March 7, 2011, TSI, LLC amended its complaint against Ajilon to add new allegations and claims for fraudulent inducement, negligent misrepresentation, fraud, and breach of the implied covenant of good faith and fair dealing (the "additional claims"). On March 28, 2011, Ajilon moved to dismiss the additional claims. The motion is still pending. On February 3, 2012, TSI, LLC filed a motion for partial summary judgment on one of its contract claims. On March 1, 2012, Ajilon filed a cross motion for partial summary judgment seeking to dismiss one of the contract claims of TSI, LLC. The motions are pending. Other than these pending motions, the litigation is nearing the end of the discovery phase. We believe at this time the likelihood of an unfavorable outcome is not probable. TSI, LLC intends to prosecute vigorously its claims against Ajilon and defend against Ajilon's counterclaims.

On February 7, 2007, in an action styled *White Plains Plaza Realty, LLC v. TSI, LLC et al.*, the landlord of one of TSI, LLC's former health and fitness clubs filed a lawsuit in state court against it and two of its health club subsidiaries alleging, among other things, breach of lease in connection with the decision to close the club located in a building owned by the plaintiff and leased to a subsidiary of TSI, LLC, and take additional space in the nearby facility leased by another subsidiary of TSI, LLC. The trial court granted the landlord damages against TSI White Plains, LLC (the "Tenant") in the amount of approximately \$700 including interest and costs ("Initial Award"). TSI, LLC was held to be jointly liable with the Tenant for the amount of approximately \$488, under a limited guarantee of the Tenant's lease obligations. The landlord subsequently appealed the trial court's award of damages, and on December 21, 2010, the appellate court reversed, in part, the trial court's decision and ordered the case remanded to the trial court for an assessment of additional damages, of approximately \$750 plus interest and costs (the "Additional Award"). On February 7, 2011, the landlord moved for re-argument of the appellate court's decision, seeking additional damages plus attorneys' fees. On April 8, 2011, the appellate court denied the landlord's motion. On August 29, 2011, the Additional Award (amounting to approximately \$900), was entered against the Tenant, who

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has recorded a liability. TSI, LLC does not believe it is probable that it will be held liable to pay for any amount of the Additional Award. Separately, TSI, LLC is party to an agreement with a third-party developer, which by its terms provides indemnification for the full amount of any liability of any nature arising out of the lease described above, including attorneys' fees incurred to enforce the indemnity. In connection with the Initial Award (and in furtherance of the indemnification agreement), TSI, LLC and the developer have entered into an agreement pursuant to which the developer has agreed to pay the amount of the Initial Award in installments over time. The indemnification agreement also covers the Additional Award, and therefore the Tenant has recorded a receivable related to the indemnification. The developer to date has not paid the amount of the Additional Award to the landlord, and the landlord has commenced a special proceeding in the Supreme Court of the State of New York, Westchester County, to collect the Additional Award directly from the developer. A motion to dismiss the special proceeding made by the developer was denied by the court on March 13, 2012.

In addition to the litigation discussed above, we are involved in various other lawsuits, claims and proceedings incidental to the ordinary course of business, including personal injury and employee relations claims. The results of litigation are inherently unpredictable. Any claims against us, whether meritorious or not, could be time consuming, result in costly litigation, require significant amounts of management time and result in diversion of significant resources. The results of these other lawsuits, claims and proceedings cannot be predicted with certainty. While it is not feasible to predict the outcome of such proceedings, in the opinion of the Company, either the likelihood of loss is remote or any reasonably possible loss associated with the resolution of such proceedings is not expected to be material either individually or in the aggregate.

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### Item 2. Management's Discussion and Analysis of Financial Condition and Results of Operations

#### Introduction

In this Form 10-Q, unless otherwise stated or the context otherwise indicates, references to "TSI Holdings," "Town Sports," "TSI," "the Company," "we," "our" and similar references refer to Town Sports International Holdings, Inc. and its subsidiaries, and references to "TSI, LLC" refer to Town Sports International, LLC, our wholly-owned operating subsidiary.

Based on the number of clubs, we are one of the leading owners and operators of fitness clubs in the Northeast and Mid-Atlantic regions of the United States and one of the largest fitness club owners and operators in the United States. As of March 31, 2012, the Company, through its subsidiaries, operated 160 fitness clubs. These clubs collectively served approximately 533,000 members, including 38,000 members under our new restricted student and teacher memberships as of March 31, 2012. We owned and operated a total of 108 clubs under the "New York Sports Clubs" brand name within a 120-mile radius of New York City as of March 31, 2012, including 37 locations in Manhattan where we are the largest fitness club owner and operator. We owned and operated 25 clubs in the Boston region under our "Boston Sports Clubs" brand name, 18 clubs (two of which are partly-owned) in the Washington, D.C. region under our "Washington Sports Clubs" brand name and six clubs in the Philadelphia region under our "Philadelphia Sports Clubs" brand name as of March 31, 2012. In addition, we owned and operated three clubs in Switzerland as of March 31, 2012. We employ localized brand names for our clubs to create an image and atmosphere consistent with the local community and to foster recognition as a local network of quality fitness clubs rather than a national chain.

We develop clusters of clubs to serve densely populated major metropolitan regions and we service such populations by clustering clubs near the highest concentrations of our target customers' areas of both employment and residence. Our clubs are located for maximum convenience to our members in urban or suburban areas, close to transportation hubs or office or retail centers. Our members include a wide age demographic covering the student market to the active mature market. Our members generally have annual income levels of between \$50,000 and \$150,000. We believe that this "mid-value" segment is the broadest of the market. Our goal is to be the most recognized health club network in each of the four major metropolitan regions that we serve. We believe that our strategy of clustering clubs provides significant benefits to our members and allows us to achieve strategic operating advantages. In each of our markets, we have developed clusters by initially opening or acquiring clubs located in the more central urban markets of the region and then branching out from these urban centers to suburbs and neighboring communities.

#### Revenue and operating expenses

We have two principal sources of revenue:

- *Membership revenue:* Our largest sources of revenue are dues and joining fees paid by our members. In addition, we collect usage fees on a per visit basis subject to peak and off-peak hourly restrictions depending on membership type. These dues and fees comprised 78.0% of our total revenue for the three months ended March 31, 2012. We recognize revenue from membership dues in the month when the services are rendered. Approximately 96% of our members pay their monthly dues by Electronic Funds Transfer, or EFT, while the balance is paid annually in advance. We recognize revenue from joining fees over the expected average life of the membership.
- *Ancillary club revenue:* For the three months ended March 31, 2012, we generated 14.3% of our revenue from personal training and 6.7% of our revenue from other ancillary programs and services consisting of programming for children, Small Group Training and other member activities, as well as sales of miscellaneous sports products. We continue to focus on growing ancillary club revenue by building on ancillary programs such as our personal training membership product and our fee-based Small Group Training programs.

We also receive revenue (approximately 1.0% of our total revenue for the three months ended March 31, 2012) from the rental of space in our facilities to operators who offer wellness-related offerings, such as physical therapy and juice bars. In addition, we sell in-club advertising and sponsorships and generate management fees from certain club facilities that we do not wholly own. We refer to this revenue as Fees and Other revenue.

Our performance is dependent on our ability to continually attract and retain members at our clubs. We experience attrition at our clubs and must attract new members in order to maintain our membership and revenue levels. In the three months ended March 31, 2012, our monthly average attrition rate was 3.4% compared to 3.2% in the three months ended March 31, 2011.

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Our operating and selling expenses are comprised of both fixed and variable costs. Fixed costs include club and supervisory and other salary and related expenses, occupancy costs, including most elements of rent, utilities, housekeeping and contracted maintenance expenses, as well as depreciation. Variable costs are primarily related to payroll associated with ancillary club revenue, membership sales compensation, advertising, certain facility maintenance, and club supplies.

General and administrative expenses include costs relating to our centralized support functions, such as accounting, insurance, information and communication systems, purchasing, member relations, legal and consulting fees and real estate development expenses. Payroll and related expenses are included in a separate line item on the condensed consolidated statement of operations and are not included in general and administrative expenses.

As clubs mature and increase their membership base, fixed costs are typically spread over an increasing revenue base and operating margins tend to improve. Conversely, when our membership base declines, our operating margins are negatively impacted. During the three months ended March 31, 2012, our membership base at our clubs open over 24 months increased approximately 3.1% and contributed to improved operating margins in the three months ended March 31, 2012 compared to the same period in 2011.

As of March 31, 2012, 158 of the existing fitness clubs were wholly-owned by us and our condensed consolidated financial statements include the operating results of all such clubs. Two clubs in Washington, D.C. were partly-owned and operated by us, with our profit sharing percentages approximating 20% (after priority distributions) and 45%, respectively, and are treated as unconsolidated affiliates for which we apply the equity method of accounting. In addition, we provide management services at four fitness clubs located in colleges and universities in which we have no equity interest.

### Restricted Memberships

As part of our efforts to better maximize profitability by utilizing our clubs during off-peak hours, in April 2010 we began offering a new, favorably-priced, restricted-use month-to-month membership available to students. We also began offering restricted memberships to teachers and first responders in April 2011 and September 2011, respectively. As of March 31, 2012, we had approximately 38,000 restricted members.

### Rate Lock Guarantee / Annual Maintenance Fee

In May 2011, we implemented a combined rate lock guarantee and maintenance fee of \$29.00 for all new memberships sold. This fee will be collected annually in January for all members joining after May 2011, and will support average monthly dues revenue per member in 2012 and beyond. In part, this fee is in lieu of a possible future dues increase for these members. In January 2012, we collected approximately \$3.5 million related to this new fee. This fee will be recognized into revenue over the 12 month period ending December 31, 2012.

### Historical Club Count

The following table sets forth the changes in our club count during each of the quarters in 2011 the full-year 2011 and the first quarter of 2012.

	2011					2012
	Q1	Q2	Q3	Q4	Full-Year	Q1
Wholly owned clubs operated at beginning of period	158	157	156	156	158	158
New clubs opened	—	—	—	2	2	—
Clubs closed, relocated or merged	(1)	(1)	—	—	(2)	—
Wholly owned clubs at end of period	157	156	156	158	158	158
Total clubs operated at end of period (1)	159	158	158	160	160	160

(1) Includes wholly-owned and partly-owned clubs. In addition to the above, during all periods presented, we managed four university fitness clubs in which we did not have an equity interest.

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### Comparable Club Revenue

We define comparable club revenue as revenue at those clubs that were operated by us for over 12 months and comparable club revenue increase (decrease) as revenue for the 13th month and thereafter as applicable as compared to the same period of the prior year.

Key determinants of the comparable club revenue increases (decreases) shown in the table below are new memberships, member retention rates, pricing and ancillary revenue increases (decreases).

<b>2011</b>	
Three months ended March 31, 2011	(0.5)%
Three months ended June 30, 2011	1.5%
Three months ended September 30, 2011	3.0%
Three months ended December 31, 2011	3.4%
<b>2012</b>	
Three months ended March 31, 2012	4.5%

As shown above, comparable club revenue turned positive in the second quarter of 2011 and has trended higher in each successive quarter reflecting the impact of the membership increases in our comparable club base. Expected increases in ancillary club revenue and improvements in membership and membership pricing will be contributing factors to the positive comparable club revenue expected in 2012. We currently anticipate that comparable club revenue for the remainder of 2012 to be between 3.0% and 4.0%, which should drive year over year improvements in operating margins.

### Results of Operations

The following table sets forth certain operating data as a percentage of revenue for the periods indicated:

	Three Months Ended	
	March 31,	
	2012	2011
Revenue	100.0%	100.0%
Operating expenses:		
Payroll and related	38.5	38.8
Club operating	36.7	37.8
General and administrative	4.8	6.4
Depreciation and amortization	10.5	11.1
	<u>90.5</u>	<u>94.1</u>
Operating income	9.5	5.9
Interest expense	4.8	4.8
Interest income	—	(0.1)
Equity in the earnings of investees and rental income	(0.4)	(0.6)
Income before provision for corporate income taxes	5.1	1.8
Provision for corporate income taxes	2.0	0.5
Net income	<u>3.1%</u>	<u>1.3%</u>

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Revenue (in thousands) was comprised of the following for the periods indicated:

	Three Months Ended March 31,				% Variance
	2012		2011		
	Revenue	% Revenue	Revenue	% Revenue	
Membership dues	\$ 93,263	75.9%	\$ 91,080	78.0%	2.4%
Joining fees	2,566	2.1%	1,447	1.3%	77.3%
Membership revenue	95,829	78.0%	92,527	79.3%	3.6%
Personal training revenue	17,621	14.3%	15,692	13.4%	12.3%
Other ancillary club revenue (1)	8,284	6.7%	7,373	6.3%	12.4%
Ancillary club revenue (2)	25,905	21.0%	23,065	19.7%	12.3%
Fees and other revenue (3)	1,178	1.0%	1,113	1.0%	5.9%
Total revenue	<u>\$122,912</u>	<u>100.0%</u>	<u>\$116,705</u>	<u>100.0%</u>	5.3%

- (1) Other ancillary revenue primarily consists of Small Group Training, Sports Clubs for Kids, and racquet sports.
- (2) Member usage fees historically recorded in other ancillary club revenue were reclassified to membership dues for the three months ended March 31, 2011 in the amount of \$481,000.
- (3) Fees and other revenue primarily consist of rental income, marketing revenue and management fees.

Revenue increased 5.3% in the three months ended March 31, 2012 compared to the three months ended March 31, 2011. The increase in revenue was driven primarily by growth in membership revenue and ancillary club revenue. For the three months ended March 31, 2012 compared to the three months ended March 31, 2011, revenue increased \$1.3 million at the two clubs opened or acquired subsequent to March 31, 2010 (both opened in the fourth quarter of 2011) and \$5.2 million at our clubs opened or acquired prior to March 31, 2010. Revenue decreased \$506,000 at the two clubs that were closed subsequent to March 31, 2010.

Joining fees increased in the three months ended March 31, 2012 as a result of the revenue recognized from the increased amounts collected that we initially deferred over the estimated average membership life. Beginning in the second quarter of 2010, we began to collect an increased amount of joining fees as compared with the previous two years; however because we recognize these fees into revenue over the estimated average membership life, we were not realizing these increases in revenue. We expect we will continue to see increases in joining fees revenue.

Personal training revenue increased 12.3% in the three months ended March 31, 2012 primarily due to increased member interest in personal training sessions, increases in products offered and improvements in the selling process. In addition, we estimate that between 1.0% to 2.0% of the 12.3% increase in personal training revenue is attributable to the effect of the inclement weather experienced during the three months ended March 31, 2011, as several days of severe snow storms forced members to forego personal training workout plans, thereby reducing the potential amount of personal training revenue recognized in the prior year.

Other ancillary club revenue improved 12.4% in the three months ended March 31, 2012 compared to the same period in the prior year due to management focus and increased interest in our Small Group Training programs.

Comparable club revenue increased 4.5% in the three months ended March 31, 2012 compared to the three months ended March 31, 2011. There was a 3.2% increase due to an increase in membership and a 3.1% increase due to a collective increase in ancillary club revenue, initiation fees and other revenue. These increases were partially offset by a 1.8% decrease in the price of our dues and fees.

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Operating expenses (in thousands) were comprised of the following for the periods indicated:

	Three Months Ended March 31,		% Variance
	2012	2011	
Payroll and related	\$ 47,359	\$ 45,252	4.7%
Club operating	45,131	44,102	2.3%
General and administrative	5,933	7,420	(20.0)%
Depreciation and amortization	12,860	13,002	(1.1)%
Operating expenses	<u>\$ 111,283</u>	<u>\$ 109,776</u>	1.4%

Operating expenses for the three months ended March 31, 2012 increased \$1.5 million, or 1.4%, to \$111.3 million from \$109.8 million in the three months ended March 31, 2011. The descriptions of the change in operating expenses are described below.

*Payroll and related*. This change was primarily impacted by the following:

- Payroll overhead costs increased by \$1.0 million in the three months ended March 31, 2012 compared to the same period in the prior year. There was an \$819,000 increase in overhead costs primarily attributable to increases in full time employment levels and higher overhead salaries resulting from the hiring of several new senior management personnel and a \$189,000 increase in overhead labor costs related to towel distributions as the Company no longer outsources this function and performs this function more efficiently in-house.
- Payroll costs directly related to our personal training, group fitness training, and programming for children increased \$875,000 primarily attributable to an increase in demand for these programs.

As a percentage of total revenue, payroll and related expenses decreased to 38.5% in the three months ended March 31, 2012 from 38.8% in the three months ended March 31, 2011.

*Club operating*. This change was primarily impacted by the following:

- Rent and occupancy expenses increased \$629,000 in the three months ended March 31, 2012 compared to the same period in the prior year. Rent and occupancy costs increased \$251,000 at our clubs that opened after April 1, 2010 and increased \$616,000 at our clubs that opened prior to April 1, 2010. Rent and occupancy expenses decreased \$238,000 related to our clubs that were closed after April 1, 2010.
- Laundry and towel-related expenses increased \$351,000 for the three months ended March 31, 2012 compared to the same period last year. This increase was primarily from the increases in membership, club usage, and towel purchases, which included the purchase of larger sized, higher quality towels.
- Costs related to cleaning and maintenance of our clubs increased \$329,000 primarily related to increased membership and club usage when comparing the three months ended March 31, 2012 to the same period last year.
- Utilities expense decreased \$482,000 in the three months ended March 31, 2012 compared with the three months ended March 31, 2011 primarily due to better energy management and lower energy supply rates.

As a percentage of total revenue, club operating expenses decreased to 36.7% in the three months ended March 31, 2012 from 37.8% in the three months ended March 31, 2011.

*General and administrative*. As a percentage of total revenue, general and administrative expenses decreased to 4.8% in the three months ended March 31, 2012 from 6.4% in three months ended March 31, 2011. The decrease in general and administrative expenses was principally attributable to the cost reduction efforts within various general and administrative expense accounts including reductions in general liability insurance, consulting and legal expenses, and office related procurement costs. The impact of these items is as follows:

- Legal and consulting expenses decreased by \$835,000 in the three months ended March 31, 2012 compared to the same period in the prior year. Consulting expense decreased \$496,000 primarily related to the relocation of our data center in the three months ended March 31, 2011 to a co-location facility, and legal fees decreased \$339,000.

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- General liability insurance and costs related to contracted office supplies decreased \$609,000 in the three months ended March 31, 2012 compared to the same period in the prior year. General liability insurance decreased \$242,000 primarily due to the continued reduction in claims activity and the related reduction in claims reserves. Costs related to contracted office supplies decreased \$367,000 primarily due to the purchase of new multi-functional office machines which replaced older leased units.

*Depreciation and amortization* . In the three months ended March 31, 2012 compared to the three months ended March 31, 2011, depreciation and amortization remained relatively flat. As a percentage of total revenue, depreciation and amortization expenses decreased to 10.5% in the three months ended March 31, 2012 from 11.1% in the three months ended March 31, 2011.

### Interest expense

Interest expense increased \$349,000 in the three months ended March 31, 2012 compared to the three months ended March 31, 2011, attributable primarily to the higher weighted average interest rate on our outstanding term loan which was refinanced on May 11, 2011 as compared to our loans outstanding in the prior year which carried lower weighted average interest rates.

### Provision for Corporate Income Taxes

We determined the income tax provision for the three months ended March 31, 2012 and 2011 by estimating the effective annual tax rates for 2012 and 2011 of 39% and 26%, respectively.

We recorded a provision for corporate income taxes of \$2.4 million for the three months ended March 31, 2012 compared to a provision of \$529,000 for the three months ended March 31, 2011. Our effective tax rate was 39% in the three months ended March 31, 2012 compared to 26% in the three months ended March 31, 2011. The benefits from our captive insurance arrangement impacted our effective tax rate on our pre-tax income in the three months ended March 31, 2012 from 44% to 39% and impacted our effective tax rate on pre-tax income for the three months ended March 31, 2011 from 43% to 26%.

### Liquidity and Capital Resources

Historically, we have satisfied our liquidity needs through cash generated from operations and borrowing arrangements. Principal liquidity needs have included the acquisition and development of new clubs, debt service requirements and other capital expenditures necessary to upgrade, expand and renovate existing clubs. We believe that we can satisfy our current and longer-term debt obligations and capital expenditure requirements primarily with cash on hand, cash flow from operations and our borrowing arrangements for at least the next 12 months.

*Operating Activities*. Net cash provided by operating activities for the three months ended March 31, 2012 decreased \$9.0 million compared to the three months ended March 31, 2011. This decrease was primarily the result of timing of certain payments. Accounts payable, accrued expenses and accrued interest contributed \$7.8 million of the decrease while timing of payments for prepaid expenses and other current assets contributed \$3.4 million of the decrease in operating cash flows. These decreases were partially offset by the overall increase in earnings.

*Investing Activities*. Net cash used in investing activities decreased \$3.0 million in the three months ended March 31, 2012 compared to the three months ended March 31, 2011. Investing activities in both three month periods consisted of expanding and remodeling existing clubs, and the purchase of new fitness equipment. There were no future clubs under construction in the three months ended March 31, 2012, as compared to two future clubs under construction in the three months ended March 31, 2011, both of which opened in the fourth quarter of 2011.

For the year ending December 31, 2012, we currently plan to invest \$25.0 million to \$28.0 million in capital expenditures. This range is compared to \$30.9 million of capital expenditures in 2011. This amount includes approximately \$2.5 million to \$3.0 million related to potential 2012 and 2013 club openings, approximately \$16.0 million to \$17.0 million to continue to upgrade existing clubs and \$4.0 million to \$5.0 million principally related to major renovations at clubs with recent lease renewals and upgrading our in-club entertainment system network. We also expect to invest \$2.5 million to \$3.0 million to enhance our management information systems. We expect that these expenditures will be funded by cash flows provided by operations and available cash on hand.

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*Financing Activities.* Net cash used in financing activities increased \$5.7 million for the three months ended March 31, 2012 compared to the three months ended March 31, 2011. In the three months ended March 31, 2012, we made principal payments of \$20.3 million on the 2011 Term Loan Facility and in the three months ended March 31, 2011, we made principal payments of \$14.1 million on the Company's previously outstanding long-term debt facility ("2007 Senior Credit Facility"), which on May 11, 2011, was repaid in full in connection with our long-term debt refinancing. The principal payment made on March 31, 2012 on the 2011 Term Loan Facility, consisted primarily of a required excess cash flow payment of \$16.5 million. See Note 3 – Long-Term Debt to the condensed consolidated financial statements in this Form 10-Q for further details of the excess cash flow payment.

As of March 31, 2012, we had \$42.4 million of cash and cash equivalents. Financial instruments that potentially subject the Company to concentrations of credit risk consist of cash and cash equivalents. Although we deposit our cash with more than one financial institution, as of March 31, 2012 approximately \$28.2 million was held at one financial institution. We have not experienced any losses on cash and cash equivalent accounts to date and we do not believe that, based on the credit ratings of these financial institutions, we are exposed to any significant credit risk related to cash at this time.

As of March 31, 2012, our total gross consolidated debt was \$271.5 million. This substantial amount of debt could have significant consequences, including the following:

- making it more difficult to satisfy our obligations;
- increasing our vulnerability to general adverse economic conditions;
- limiting our ability to obtain additional financing to fund future working capital, capital expenditures, acquisitions of new clubs and other general corporate requirements;
- requiring cash flow from operations for the payment of interest on our credit facility and the payment of principal pursuant to excess cash flow requirements and reducing our ability to use our cash flow to fund working capital, capital expenditures, acquisitions of new clubs and general corporate requirements; and
- limiting our flexibility in planning for, or reacting to, changes in our business and the industry in which we operate.

These limitations and consequences may place us at a competitive disadvantage to other less-leveraged competitors.

### **2011 Senior Credit Facility**

On May 11, 2011, TSI, LLC entered into a \$350 million senior secured credit facility ("2011 Senior Credit Facility"). The 2011 Senior Credit Facility consists of a \$300 million term loan facility ("2011 Term Loan Facility"), and a \$50 million revolving loan facility ("2011 Revolving Loan Facility"). The 2011 Term Loan Facility was issued at an original issue discount ("OID") of 1.0% or \$3.0 million. The proceeds were used to pay off amounts outstanding under the Company's previously outstanding 2007 Senior Credit Facility, to pay the redemption price for all of the Company's outstanding 11% senior discount notes due in 2014 ("Senior Discount Notes"), and to pay related fees and expenses. None of the revolving facility was drawn upon as of the closing date, but loans under the 2011 Revolving Loan Facility may be drawn from time to time pursuant to the terms of the 2011 Senior Credit Facility. The 2011 Term Loan Facility matures on May 11, 2018, and the 2011 Revolving Loan Facility matures on May 11, 2016. The borrowings under the 2011 Senior Credit Facility are guaranteed and secured by assets and pledges of capital stock by the Company, TSI, LLC and the wholly-owned domestic subsidiaries of TSI, LLC.

The \$3.0 million OID is recorded as a contra-liability to long-term debt on the accompanying condensed consolidated balance sheet, and is being amortized as interest expense using the effective interest method. The unamortized balance of the OID as of March 31, 2012 was \$2.7 million.

As of March 31, 2012, there were no outstanding 2011 Revolving Loan Facility borrowings and outstanding letters of credit issued totaled \$6.3 million. The unutilized portion of the 2011 Revolving Loan Facility as of March 31, 2012 was \$43.7 million.

Borrowings under the 2011 Term Loan Facility, at TSI, LLC's option, bear interest at either the administrative agent's base rate plus 4.5% or its Eurodollar rate plus 5.5% (each as defined in the 2011 Senior Credit Facility). The Eurodollar Rate has a floor of 1.50% and the base rate a floor of 2.50% with respect to the outstanding Term Loans. As of March 31, 2012, the interest rate was 7.0%. TSI, LLC is required to pay 0.25% of principal, or \$750,000 per quarter. However, if, as of the last day of any fiscal quarter of TSI Holdings, the total leverage ratio is greater than 2.75:1.00, TSI, LLC is required to pay

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\$3.75 million, or 1.25% of principal per quarter. As of March 31, 2012, TSI, LLC had a total leverage ratio of 2.68:1.00 and TSI, LLC will be required to make a principal payment of \$750,000 on June 30, 2012. As of March 31, 2012, we had made a total of \$28.5 million in principal payments on the 2011 Term Loan Facility.

The terms of the 2011 Senior Credit Facility provide for financial covenants which require TSI, LLC to maintain a total leverage ratio, as defined, of no greater than 4.50:1.00 or less effective as of March 31, 2012 and thereafter; an interest expense coverage ratio of no less than 2.00:1.00; and a covenant that limits capital expenditures to \$40 million for the four quarters ending in any quarter during which the total leverage ratio is greater than 3.00:1.00 and to \$50 million for the four quarters ending in any quarter during which the ratio is less than or equal to 3.00:1.00 but greater than 2.50:1.00. This covenant does not limit capital expenditures if the ratio is less than or equal to 2.50:1.00. TSI, LLC was in compliance with these covenants as of March 31, 2012 with a total leverage ratio of 2.68:1.00 and an interest coverage ratio of 3.99:1.00.

TSI, LLC may prepay the 2011 Term Loan Facility and 2011 Revolving Loan Facility without premium or penalty in accordance with the 2011 Senior Credit Facility, except that a prepayment premium of 2.0% is payable prior to May 11, 2012 and a prepayment premium of 1.0% is payable from May 11, 2012 to May 11, 2013. Mandatory prepayments are required in certain circumstances relating to cash flow in excess of certain expenditures, asset sales, insurance recovery and incurrence of certain other debt. The 2011 Senior Credit Facility contains provisions that require excess cash flow payments, as defined in the 2011 Senior Credit Facility, to be applied against outstanding 2011 Term Loan Facility balances. The excess cash flow is calculated as of December 31 and paid on March 31. The applicable excess cash flow repayment percentage is applied to the excess cash flow when determining the excess cash flow payment. Earnings, changes in working capital and capital expenditure levels all impact the determination of any excess cash flows. The applicable excess cash flow repayment percentage is 75% when the total leverage ratio exceeds 3.00:1.00; 50% when the total leverage ratio is greater than 2.50:1.00 but less than or equal to 3.00:1.00; 25% when the total leverage ratio is greater than 2.00:1.00 but less than or equal to 2.50:1.00 and 0% when the total leverage ratio is less than or equal to 2.00:1.00. This calculation was performed as of December 31, 2011 and as a result a principal payment of \$16.5 million was made with cash on hand on March 31, 2012. Based on current forecasted expectations of earnings, changes in working capital, capital expenditures and debt levels, the Company estimates that the excess cash flow calculation as of December 31, 2012 would result in approximately \$6.8 million payable on March 31, 2013.

As of March 31, 2012, the 2011 Term Loan Facility has a balance of \$268.8 million, net of the unamortized OID.

Debt issuance costs related to the 2011 Senior Credit Facility were \$8.1 million, of which, \$7.3 million is being amortized as interest expense, and are included in other assets in the accompanying condensed consolidated balance sheets.

### *Financial Instruments*

In our normal operations, we are exposed to market risks relating to fluctuations in interest rates. In order to minimize the negative impact of such fluctuations on our cash flows we may enter into derivative financial instruments (“derivatives”), such as interest-rate swaps. Any instruments are not entered into for trading purposes, and we only use commonly traded instruments. Currently, we have used derivatives solely relating to the variability of cash-flow from interest rate fluctuations.

When a derivative is executed and hedge accounting is appropriate, it is designated as a cash flow hedge. Interest rate swaps are designated as cash flow hedges for accounting purposes since they are being used to transform variable interest rate exposure to fixed interest rate exposure on a recognized liability (debt). On an ongoing basis, we assess the hedge effectiveness of all derivatives designated as hedges for accounting purposes to determine if they continue to be highly effective in offsetting changes in cash flows of the underlying hedged items.

On July 1, 2011, we entered into an interest rate swap arrangement which effectively converted \$150 million of our variable-rate debt based on a one-month Eurodollar rate to a fixed rate of 1.983%, or a total fixed rate of 7.483%, on this \$150 million when including the applicable 5.50% margin. This swap matures on July 13, 2014. As permitted by ASC 815, Derivatives and Hedging, we have designated this swap as a cash flow hedge, the effects of which have been reflected in our condensed consolidated financial statements as of and for the three months ended March 31, 2012. The objective of this hedge is to manage the variability of cash flows in the interest payments related to the portion of the variable-rate debt designated as being hedged.

Counterparties to our derivatives are major banking institutions with credit ratings of investment grade or better and no collateral is required, and there are no significant risk concentrations. We believe the risk of incurring losses on derivative contracts related to credit risk is unlikely.

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Our aggregate long-term debt and operating lease obligations as of March 31, 2012 were as follows:

<u>Contractual Obligations</u>	<u>Payments Due by Period (in thousands)</u>				
	<u>Total</u>	<u>Less than 1 Year</u>	<u>1-3 Years</u>	<u>3-5 Years</u>	<u>More than 5 Years</u>
Long-term debt	\$ 271,493	\$ 9,800	\$ 6,000	\$ 6,000	\$249,693
Interest payments on long-term debt (1)	109,027	19,078	35,627	33,689	20,633
Operating lease obligations (2)	704,977	83,856	159,803	143,939	317,379
Total contractual obligations	<u>\$1,085,497</u>	<u>\$112,734</u>	<u>\$201,430</u>	<u>\$183,628</u>	<u>\$587,705</u>

### Notes:

- (1) Based on interest rates on the 2011 Term Loan Facility as of March 31, 2012.
- (2) Operating lease obligations include base rent only. Certain leases provide for additional rent based on real estate taxes, common area maintenance and defined amounts based on the operating results of the lessee.

The following long-term liabilities included on the condensed consolidated balance sheet are excluded from the table above: income taxes (including uncertain tax positions or benefits), insurance accruals and other accruals. We are unable to estimate the timing of payments for these items.

In recent years, we have typically operated with a working capital deficit. We had a working capital deficit of \$26.1 million at March 31, 2012, as compared with \$38.3 million at December 31, 2011. Major components of our working capital deficit on the current liability side are deferred revenues, accrued expenses (including, among others, accrued construction in progress and equipment, payroll and occupancy costs) and the current portion of long-term debt. These current liabilities more than offset the main current assets, which consist of cash and cash equivalents, accounts receivable, and prepaid expenses and other current assets. Payments underlying the current liability for deferred revenue might not be held as cash and cash equivalents, but may be used for the Company's business needs, including financing and investing commitments, which contributes to the working capital deficit. The current deferred revenue liability relates to dues and services paid-in-full in advance and joining fees paid at the time of enrollment and totaled \$46.8 million and \$40.8 million at March 31, 2012 and December 31, 2011, respectively. Joining fees received are deferred and amortized over the estimated average membership life of a club member. As of January 1, 2012, the estimated average membership life was 28 months for our unrestricted members and 25 months for our restricted student members. Prepaid dues are generally realized over a period of up to twelve months, while fees for prepaid services normally are realized over a period of one to nine months. In periods when we increase the number of clubs open and consequently increase the level of payments received in advance, we anticipate that we will continue to have deferred revenue balances at levels similar to or greater than those currently maintained. By contrast, any decrease in demand for our services or reductions in joining fees collected would have the effect of reducing deferred revenue balances, which would likely require us to rely more heavily on other sources of funding. In either case, a significant portion of the deferred revenue is not expected to constitute a liability that must be funded with cash. At the time a member joins our club, we incur enrollment costs, a portion of which are deferred over the estimated average membership life. These costs are recorded as a long-term asset and as such do not offset the working capital deficit. We expect to record a working capital deficit in future periods and, as in the past, will fund such deficit using cash on hand, cash flows from operations and borrowings under our 2011 Senior Credit Facility. We believe that these sources will be sufficient to cover such deficit.

### **Recent Changes in or Recently Issued Accounting Pronouncements**

See Note 2 — Recent Accounting Pronouncements to the condensed consolidated financial statements in this Form 10-Q.

### **Forward-Looking Statements**

This Quarterly Report on Form 10-Q contains "forward-looking" statements within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934, including, without limitation, statements regarding future financial results and performance, potential sales revenue, legal contingencies and tax benefits, and the existence of adverse litigation and other risks, uncertainties and factors set forth under Item 1A., entitled "Risk Factors", in the Company's Annual Report on Form 10-K for the fiscal year ended December 31, 2011 and in our other reports and documents filed with the SEC. These statements are subject to various risks and uncertainties, many of which are outside our control, including, among others, the level of market demand for our services, economic conditions affecting the Company's business,

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the geographic concentration of the Company's clubs, competitive pressure, the ability to achieve reductions in operating costs and to continue to integrate acquisitions, environmental matters, any security and privacy breaches involving customer data, the levels and terms of the Company's indebtedness, and other specific factors discussed herein and in other SEC filings by us (including our reports on Forms 10-K and 10-Q filed with the SEC). We believe that all forward-looking statements are based on reasonable assumptions when made; however, we caution that it is impossible to predict actual results or outcomes or the effects of risks, uncertainties or other factors on anticipated results or outcomes and that, accordingly, one should not place undue reliance on these statements. Forward-looking statements speak only as of the date when made and we undertake no obligation to update these statements in light of subsequent events or developments. Actual results may differ materially from anticipated results or outcomes discussed in any forward-looking statement.

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### **Item 3. *Quantitative and Qualitative Disclosures About Market Risk***

Our debt is impacted by fixed and variable rates so that we are exposed to market risks resulting from interest rate fluctuations. We regularly evaluate our exposure to these risks and take measures to mitigate these risks on our consolidated financial results. We do not participate in speculative derivative trading.

Borrowings for the 2011 Term Loan Facility are for one-month periods in the case of Eurodollar borrowings. Our exposure to market risk for changes in interest rates relates to interest expense on variable rate debt. Effective July 13, 2011, we entered into an interest rate swap with a notional amount totaling \$150.0 million to hedge one-half of our variable rate debt to a fixed rate. Changes in the fair value of this derivative will be recorded each period in accumulated other comprehensive income. Based on the amount of our variable rate debt and our interest rate swap agreement as of March 31, 2012, a hypothetical 100 basis point interest increase would not have affected interest expense for the three month period ended March 31, 2012 as the variable rate debt contains a Eurodollar floor of 1.5%. As of March 31, 2012, we had \$271.5 million outstanding on the 2011 Term Loan Facility.

For additional information concerning the terms of our 2011 Term Loan Facility, see Note 3 – Long-Term Debt to the condensed consolidated financial statements.

### **Item 4. *Controls and Procedures***

***Evaluation of Disclosure Controls and Procedures:*** We maintain disclosure controls and procedures (as such term is defined in Rules 13a-15(e) and 15d-15(e) under the Exchange Act) that are designed to provide reasonable assurance that the information required to be disclosed by us in the reports filed or submitted by us under the Exchange Act is recorded, processed, summarized and reported within the time periods specified in the SEC’s rules and forms and such information is accumulated and communicated to management, including the Chief Executive Officer and the Chief Financial Officer, as appropriate, to allow timely decisions regarding required disclosure. Disclosure controls and procedures, no matter how well designed and operated, can provide only reasonable assurances of achieving the desired controls.

As of March 31, 2012, we carried out an evaluation, under the supervision and with the participation of our management, including the Chief Executive Officer and the Chief Financial Officer, of the effectiveness of the design and operation of our disclosure controls and procedures. Based upon that evaluation, our Chief Executive Officer and Chief Financial Officer have concluded that, as of March 31, 2012, our disclosure controls and procedures were effective at a reasonable assurance level.

***Changes in Internal Control Over Financial Reporting:*** There were no changes in our internal control over financial reporting (as that term is defined in Rules 13a-15(f) and 15d-15(f) under the Exchange Act) that occurred during the quarter ended March 31, 2012 that has materially affected, or is reasonably likely to materially affect, the Company’s internal control over financial reporting.

PART II. OTHER INFORMATION

ITEM 1. *Legal Proceedings.*

On or about March 1, 2005, in an action styled *Sarah Cruz, et al v. Town Sports International, d/b/a New York Sports Club*, plaintiffs commenced a purported class action against TSI, LLC in the Supreme Court, New York County, seeking unpaid wages and alleging that TSI, LLC violated various overtime provisions of the New York State Labor Law with respect to the payment of wages to certain trainers and assistant fitness managers. On or about June 18, 2007, the same plaintiffs commenced a second purported class action against TSI, LLC in the Supreme Court of the State of New York, New York County, seeking unpaid wages and alleging that TSI, LLC violated various wage payment and overtime provisions of the New York State Labor Law with respect to the payment of wages to all New York purported hourly employees. On September 17, 2010, TSI, LLC made motions to dismiss the class action allegations of both lawsuits for plaintiffs' failure to timely file motions to certify the class actions. Oral argument on the motions occurred on November 10, 2010. A decision is still pending. While it is not possible to estimate the likelihood of an unfavorable outcome or a range of loss in the case of an unfavorable outcome to TSI, LLC at this time, we intend to contest these cases vigorously. Depending upon the ultimate outcome, these matters may have a material adverse effect on TSI, LLC's and the Company's consolidated results of operations, financial condition or cash flows.

On September 22, 2009, in an action styled *Town Sports International, LLC v. Ajilon Solutions, a division of Ajilon Professional Staffing LLC* (Supreme Court of the State of New York, New York County, 602911-09), TSI, LLC brought an action in the Supreme Court of the State of New York, New York County, against Ajilon for breach of contract, conversion and replevin, seeking, among other things, money damages against Ajilon for breaching its agreement to design and deliver to TSI, LLC a new sports club enterprise management system known as GIMS, including failing to provide copies of the computer source code written for GIMS, related documentation, properly identified requirements documents and other property owned and licensed by TSI, LLC. Subsequently, on October 14, 2009, Ajilon brought a counterclaim against TSI, LLC alleging breach of contract, alleging, among other things, failure to pay outstanding invoices in the amount of \$2.9 million. On March 3, 2011, Ajilon amended its counterclaims to include additional claims for breach of contract and for unjust enrichment, including claims for unspecified additional damages for work allegedly performed by one of its subcontractors. On March 7, 2011, TSI, LLC amended its complaint against Ajilon to add new allegations and claims for fraudulent inducement, negligent misrepresentation, fraud, and breach of the implied covenant of good faith and fair dealing (the "additional claims"). On March 28, 2011, Ajilon moved to dismiss the additional claims. The motion is still pending. On February 3, 2012, TSI, LLC filed a motion for partial summary judgment on one of its contract claims. On March 1, 2012, Ajilon filed a cross motion for partial summary judgment seeking to dismiss one of the contract claims of TSI, LLC. The motions are pending. Other than these pending motions, the litigation is nearing the end of the discovery phase. We believe at this time the likelihood of an unfavorable outcome is not probable. TSI, LLC intends to prosecute vigorously its claims against Ajilon and defend against Ajilon's counterclaims.

On February 7, 2007, in an action styled *White Plains Plaza Realty, LLC v. TSI, LLC et al.*, the landlord of one of TSI, LLC's former health and fitness clubs filed a lawsuit in state court against it and two of its health club subsidiaries alleging, among other things, breach of lease in connection with the decision to close the club located in a building owned by the plaintiff and leased to a subsidiary of TSI, LLC, and take additional space in the nearby facility leased by another subsidiary of TSI, LLC. The trial court granted the landlord damages against its tenant in the amount of approximately \$700,000, including interest and costs ("Initial Award"). TSI, LLC was held to be jointly liable with the tenant for the amount of approximately \$488,000, under a limited guarantee of the tenant's lease obligations. The landlord subsequently appealed the trial court's award of damages, and on December 21, 2010, the appellate court reversed, in part, the trial court's decision and ordered the case remanded to the trial court for an assessment of additional damages, of approximately \$750,000 plus interest and costs (the "Additional Award"). On February 7, 2011, the landlord moved for re-argument of the appellate court's decision, seeking additional damages plus attorneys' fees. On April 8, 2011, the appellate court denied the landlord's motion. On August 29, 2011, the Additional Award (amounting to approximately \$900,000), was entered against the tenant. TSI, LLC does not believe it is probable that TSI, LLC will be held liable to pay for any amount of the Additional Award. Separately, TSI, LLC is party to an agreement with a third-party developer, which by its terms provides indemnification for the full amount of any liability of any nature arising out of the lease described above, including attorneys' fees incurred to enforce the indemnity. In connection with the Initial Award (and in furtherance of the indemnification agreement), TSI, LLC and the developer have entered into an agreement pursuant to which the developer has agreed to pay the amount of the Initial Award in installments over time. The indemnification agreement also covers the Additional Award. The developer to date has not paid the amount of the Additional Award to the landlord, and the landlord has commenced a special proceeding in the Supreme Court of the State of New York, Westchester County, to collect the Additional Award directly from the developer. A motion to dismiss the special proceeding made by the developer was denied by the court on March 13, 2012.

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In addition to the litigation discussed above, we are involved in various other lawsuits, claims and proceedings incidental to the ordinary course of business, including personal injury and employee relations claims. The results of litigation are inherently unpredictable. Any claims against us, whether meritorious or not, could be time consuming, result in costly litigation, require significant amounts of management time and result in diversion of significant resources. The results of these other lawsuits, claims and proceedings cannot be predicted with certainty. While it is not feasible to predict the outcome of such proceedings, in the opinion of the Company, either the likelihood of loss is remote or any reasonably possible loss associated with the resolution of such proceedings is not expected to be material either individually or in the aggregate.

### **ITEM 1A. *Risk Factors***

There have not been any material changes to the information related to the ITEM 1A. “Risk Factors” disclosure in the Company’s Annual Report on Form 10-K for the fiscal year ended December 31, 2011.

### **ITEM 2. *Unregistered Sales of Equity Securities and Use of Proceeds***

Not applicable.

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### **ITEM 3. *Defaults Upon Senior Securities***

Not applicable.

### **ITEM 4. *Mine Safety Disclosures***

Not applicable.

### **ITEM 5. *Other Information***

Not applicable.

### **ITEM 6. *Exhibits***

Required exhibits are listed in the Index to Exhibits and are incorporated herein by reference.

From time to time we may use our web site as a channel of distribution of material company information. Financial and other material information regarding the Company is routinely posted on and accessible at <http://investor.mysportsclubs.com> . In addition, you may automatically receive email alerts and other information about us by enrolling your email by visiting the “Email Alert” section at <http://investor.mysportsclubs.com> .

The foregoing information regarding our web site and its content is for convenience only. The content of our web site is not deemed to be incorporated by reference into this report nor should it be deemed to have been filed with the SEC.

**SIGNATURES**

Pursuant to requirements of the Securities Exchange Act of 1934, as amended, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

TOWN SPORTS INTERNATIONAL  
HOLDINGS, INC.

DATE: April 24, 2012

By: /s/ Daniel Gallagher  
Daniel Gallagher  
*Chief Financial Officer*  
*(principal financial and accounting officer)*

**INDEX TO EXHIBITS**

The following is a list of all exhibits filed or furnished as part of this report:

<b><u>Exhibit No.</u></b>	<b><u>Description of Exhibit</u></b>
3.1	Amended and Restated Certificate of Incorporation of Town Sports International Holdings, Inc. (incorporated by reference to Exhibit 3.1 of the Company's Quarterly Report on Form 10-Q for the quarter ended June 30, 2006).
3.2	Second Amended and Restated By-laws of the Company (incorporated by reference to Exhibit 3.1 of the Company's Current Report on Form 8-K, filed on May 19, 2008).
10.1	Separation Agreement, dated February 27, 2012, between Town Sports International, LLC and Martin Annese.
10.2	Offer Letter, dated March 9, 2012, between Town Sports International, LLC and Terry G. Kew.
31.1	Certification of Chief Executive Officer pursuant to Rule 13a – 14(a) and Rule 15d – 14(a) of the Securities Exchange Act of 1934, as amended, as adopted pursuant to Section 302 of the Sarbanes-Oxley Act of 2002.
31.2	Certification of Chief Financial Officer pursuant to Rule 13a – 14(a) and Rule 15d – 14(a) of the Securities Exchange Act of 1934, as amended, as adopted pursuant to Section 302 of the Sarbanes-Oxley Act of 2002.
32.1	Certification of Chief Executive Officer pursuant to 18 U.S.C. Section 1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002.
32.2	Certification of Chief Financial Officer pursuant to 18 U.S.C. Section 1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002.
*101.INS	XBRL Instance Document
*101.SCH	XBRL Taxonomy Extension Schema
*101.CAL	XBRL Taxonomy Extension Calculation Linkbase
*101.DEF	XBRL Taxonomy Extension Definition Linkbase
*101.LAB	XBRL Taxonomy Extension Label Linkbase
*101.PRE	XBRL Taxonomy Extension Presentation Linkbase

\* Furnished herewith

TOWN SPORTS INTERNATIONAL, LLC  
5 PENN PLAZA  
NEW YORK, NY 10001

February 27, 2012

Mr. Martin J. Annese  
c/o Town Sports International, LLC  
5 Penn Plaza  
4th Floor  
New York, NY 10001

Dear Marty:

This letter agreement (the “**Agreement**”) confirms the terms that Town Sports International, LLC (the “**Company**”) is offering you in connection with your departure from the employ of the Company and its affiliates and from all officer, director and other positions that you currently hold with the Company and its affiliates, including Town Sports International Holdings, Inc. (“**TSI Holdings**”).

1. Separation Date.

(a) The employment relationship between you and the Company and its subsidiaries and affiliates, as applicable, will end on May 11, 2012 (the “**Separation Date**”), provided, however, that in the event that you do not execute and return this Agreement prior to the end of the Review Period (as described in Section 12 of the Agreement), the Company reserves the right to terminate your employment earlier (such earlier date becoming the “**Separation Date**”). During the period through the Separation Date, you shall continue to perform your duties in a satisfactory manner and assist with any transition as requested by the Chief Executive Officer, and be in compliance with the policies and procedures of the Company. You shall not, however, have any authority to act on the Company’s behalf or otherwise bind the Company (and you shall not give any third person the appearance that you have any such authority) unless the Company instructs you in writing. You hereby resign as a director or manager of the Company or of any affiliate thereof, effective as of the Separation Date. A smooth transition is a material inducement for the Company to enter into this Agreement.

(b) You will be paid your regular wages through and including the Separation Date. You shall no longer be eligible to participate in the Company’s benefit programs after the Separation Date, except as set forth below in Section 2 of this Agreement. Information regarding the Company’s 401(k) Plan will be sent to you separately by the plan administrator following the Separation Date.

(c) You will remain eligible to receive your annual bonus for the year ending December 31, 2011 under the terms of the 2006 Annual Performance Bonus Plan, subject to its terms.

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2. Separation Benefits. In return for your execution of, and your compliance with, this Agreement, as well as your execution (and non-revocation) of a Second Release in substantially the same form set forth in Annex A hereto, which Second Release shall be provided to you no later than the third day following the Separation Date, and subject to the terms and conditions set forth in this Agreement and the Second Release:

(a) You shall receive a payment equal to \$18,477 payable within 10 business days of the effective date of the Second Release.

(b) You may continue your participation in the Company's medical, dental and vision programs on behalf of yourself and your eligible dependents at the same or substantially equivalent level as in effect immediately prior to the Separation Date, through December 31, 2012 (or, if earlier, until you are eligible for comparable coverage with a subsequent employer). During such period, the Company will continue to pay that portion of the premiums that it would have paid if you remained an active employee. Thereafter, you will be eligible to continue your health insurance coverage pursuant to federal COBRA law. Information regarding COBRA will be sent to you separately by the Company's COBRA administrator.

(c) Each of you and the members of your immediate family will receive, for one (1) year from the Separation Date, a Premium Passport Membership (or its equivalent) at no cost, and be entitled to receive Personal Training sessions at employee rates (provided that such memberships and such treatment shall cease in the event you (or such immediate family member) commence employment or a consulting role with a competitor or in the event of your breach of this Agreement or the Second Release). The aforementioned memberships are subject to all of the Company's membership rules, regulations and policies currently in effect and as may be amended from time to time.

If you do not execute the Agreement and the Second Release within the time periods provided therein, or if you revoke such Second Release, no payment or benefits will be due under this Section 2.

### 3. Release.

(a) In consideration of the Company's obligations contained in Section 1(a) of this Agreement, you (for yourself, your heirs, legal representatives, executors or administrators (collectively, your "**Representatives**")) hereby release and forever discharge the Company, TSI Holdings, their respective subsidiaries and affiliates and each of their respective officers, employees, directors and agents (in both their official and personal capacities, collectively, the "**Released Parties**") from any and all claims and rights which you may have against them, and you hereby specifically release, waive and forever hold them harmless from and against any and all such claims, liability, causes of action, compensation, benefits, damages, attorney fees, costs or expenses, of whatever nature or kind and whether known or unknown, fixed or contingent, and by reason of any matter, cause, charge, claim, right or action whatsoever, which have arisen at any time up to and including the day you execute this Agreement, including, but not limited to, those arising during or in any manner out of your employment with the Company or the termination of such employment or anything else that may have happened up to and including

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the day you execute this Agreement. The rights, claims, causes of action, and liabilities that you are releasing and waiving include, but are not limited to, those that concern, relate to, or might arise out of the following: salary, overtime, bonuses, equity and severance arrangements, benefit plans; commissions; breach of express or implied contract or promise; harassment, intentional injury or intentional tort, fraud, misrepresentation, battery, assault, defamation, breach of fiduciary duty, tort or public policy claims, whistleblower claims, negligence (including negligent hiring, retention and/or supervision), wrongful or retaliatory discharge, infliction of emotional injury, or any other facts or claims; retirement or any other benefits; discrimination or retaliation under federal, state, or local law; any claims for costs or attorney fees; and any other federal, state, city, county or other common law, law, or ordinance, including but not limited to those where you work and/or reside. You are not releasing any rights or claims that arise following the date on which you execute this Agreement.

(b) Notwithstanding the foregoing, the release set forth in Section 3(a) of this Agreement, will not apply to (i) the obligations of the Company under Section 1 of this Agreement, (ii) your vested benefits under the Company's 401(k) Plan, (iii) the Company's obligations under the Equity Plan (as described below in Section 4 of this Agreement), and any related equity agreement or vested benefit(s) to which you are legally entitled, or (iv) your rights as a stockholder of TSI Holdings. You further agree that the payments and benefits described in this Agreement will be in full satisfaction of any and all claims for payments or benefits, whether express or implied, that you may have against the Company, TSI Holdings or any of their respective subsidiaries or affiliates arising out of your employment relationship, your service as an employee, officer or director of the Company, TSI Holdings or any of their respective subsidiaries or affiliates and your termination therefrom. You hereby acknowledge and confirm that you are providing the release set forth in this Section 3 only in exchange for consideration in addition to anything of value to which you are already entitled.

(c) You expressly understand and acknowledge that it is possible that unknown losses or claims exist or that present losses may have been underestimated in amount or severity, and that you explicitly took that into account in determining the amount of consideration to be paid for the giving of this release and discharge, and a portion of said consideration and the mutual covenants contained herein, having been agreed between the parties with the knowledge of the possibility of such unknown claims, were given in exchange for a full satisfaction and discharge of all such claims.

(d) Nothing in the release set forth in this Section 3 will affect the Company and TSI Holdings' obligation to indemnify, defend and hold you harmless to the fullest extent allowable by applicable law and their respective charter and by-laws with respect to your acts or omissions in your capacity as an officer or director of the Company, TSI Holdings and their respective subsidiaries and affiliates. The Company will continue to maintain directors' and officers' liability insurance with respect to actions or omissions by you as an officer of TSI Holdings, the Company (or any of its subsidiaries) in the same manner that it maintains such insurance for other officers and directors.

4. Equity. Your separation pursuant to this Agreement will be treated as a "Termination Without Cause" under the TSI Holdings' 2006 Stock Incentive Plan (the "**Equity Plan**"). As a result, your options granted to you pursuant to the Equity Plan, to extent vested as of the

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Separation Date, will remain outstanding for the post-termination exercise period specified in the applicable Equity Plan (which is 90 days from the Separation Date). Any vested stock options will expire at the conclusion of such post-termination exercise period to the extent not previously exercised, and that portion of the stock options that remain unvested as of the Separation Date and any shares of restricted Common Stock will be forfeited on the Separation Date without any payment.

5. No Other Compensation or Benefits . Except as otherwise specifically provided herein, you will not be entitled to any compensation or benefits or to participate in any past, present or future employee benefit programs or arrangements of the Company, TSI Holdings or any of their respective subsidiaries or affiliates on or after the Separation Date, except as set forth in Section 2 of this Agreement.

6. Return of Company Property . No later than the Separation Date, you hereby covenant and agree that you will deliver to the Company all Company property and equipment in your possession or control, including, but not limited to, any and all records, manuals, customer lists, notebooks, computers, computer programs and files, Company credit cards, papers, electronically stored information and documents kept or made by you in connection with your employment and you will not retain any copies thereof[, except that you may retain the Company's blackberry, and the Company will assist in transferring your mobile telephone number to your personal telephone]. You also represent that you have left intact all electronic Company documents or files, including those that you developed or helped develop. You are required to return all such property whether or not you sign this Agreement.

7. Nondisclosure of Confidential Information .

(a) You acknowledge and agree that in the course of your employment with the Company, you have acquired certain confidential company information which you knew or understood was confidential or proprietary to the Company and which, as used in this Agreement, means: information belonging to or possessed by the Company which is not available in the public domain or not released by some third-party through no fault of yours, including, without limitation (i) information received from the customers, suppliers, vendors, employees or agents of the Company under confidential conditions; (ii) customer and prospect lists, and details of agreements and communications with customers and prospects; (iii) sales plans and projections, product pricing information, acquisition, expansion, marketing, financial and other business information and existing and future products and business plans of the Company; (iv) the Company's confidential accounting, tax, or financial information, results, procedures and methods; (v) information relating to existing claims, charges and litigations; (vi) sales proposals, demonstrations systems, sales material; and (vii) employee information (including, but not limited to, personnel, payroll, compensation and benefit data and plans), including all such information recorded in manuals, memoranda, projections, reports, minutes, plans, drawings, sketches, designs, formula books, data, specifications, software programs and records, whether or not legended or otherwise identified by the Company as confidential information, as well as such information that is the subject of meetings and discussions and not recorded. You understand that such confidential company information has been disclosed to you for the Company's use only. You understand and agree that you (i) will not disclose or communicate confidential information to any person or persons; and (ii) will not make use of

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confidential information on your own behalf, or on behalf of any other person or persons. You will give immediate notice to the Company if you are ordered by a court or otherwise compelled by law to reveal any confidential information to any third party.

(b) In view of the nature of your employment and the nature of the confidential information to which you have had access to, you acknowledge and agree that any unauthorized disclosure to any person or persons of confidential information, or other violation or threatened violation of this Agreement (including, without limitation, Section 7(a) of this Agreement), will cause irreparable damage to the Company and that, therefore, the Company will, in addition to any other available remedy, be entitled to an injunction prohibiting you from any further disclosure, attempted disclosure, violation or threatened violation of this Agreement and the Company will be entitled to recover the reasonable attorneys' fees and costs incurred in enforcing its rights, to the extent permitted by law.

(c) The obligations described in this Section 7 are in addition to, and in no way limit, your obligations regarding the protection of confidential information as described in any stock option or other equity award agreement between you and the Company, which provisions are incorporated by reference herein. In the event of a conflict between the provisions of this Section 7 and the obligations described in any such award agreement, the provisions that are more restrictive upon you will govern. For the sake of clarity, the Company is not electing to invoke the Non-Compete and Non-Solicitation provisions provided for under any award agreement.

#### 8. Non-Disparagement; Cooperation.

(a) You understand and agree that as a condition for payment to you of the consideration herein described, you, on your behalf and on behalf of your Representatives, will not (and your Representatives will not) at any time, except as may be required by law, engage in any form of conduct, or make any statements or representations that disparage or otherwise impair the reputation, goodwill, or commercial interests of the Company, its management, stockholders, subsidiaries, parent, and/or other affiliates. The Company agrees that its Senior Officers (as hereinafter defined) will not, except as may be required by law, make any oral or written negative, disparaging or adverse statements, suggestions or representations of or concerning you. As used in this Section 8(a), the term "Senior Officer" means the President and Chief Executive Officer, Chief Financial Officer, Chief Information Officer, Senior Vice President- Human Resources and Senior Vice President - General Counsel.

(b) From and after the Separation Date, you will (i) cooperate in all reasonable respects with the Company and its affiliates and their respective directors, officers, attorneys and experts in connection with the conduct of any dispute, action, proceeding, investigation or litigation involving the Company or any of its affiliates, including, without limitation, any such dispute, action, proceeding, investigation or litigation in which you are called to testify and (ii) promptly respond to all requests by the Company and its affiliates relating to information concerning the Company which may be in your possession. The Company will, as a condition to your obligations under this Section 8(b), reimburse you for any reasonable out of pocket expenses and costs incurred as a result of such cooperation (including all reasonable, out-of-pocket attorney fees), provided that such expenses have been approved in writing in advance by an executive officer of the Company.

(c) You hereby consent to the disclosure of information about you that TSI Holdings is required to disclose in its Annual Report on Form 10-K, its Proxy Statement and in any other report(s) required to be filed with the Securities and Exchange Commission under the Securities Act of 1933, the Securities Exchange Act of 1934, and the rules and regulations promulgated thereunder.

9. Waiver of Rights. No delay or omission by the Company in exercising any right under this Agreement (including Annex A) will operate as a waiver of that or any other right. A waiver or consent given by the Company on any one occasion will be effective only in that instance and will not be construed as a bar or waiver of any right on any other occasion.

10. Applicable Law. This Agreement (including Annex A) will be interpreted and construed by the laws of the State of New York, without regard to conflict of laws provisions. You hereby irrevocably submit to and acknowledge and recognize the jurisdiction of the courts of the State of New York, or, if appropriate, a federal court within New York (which courts, together with all applicable appellate courts, for purposes of this Agreement, are the only courts of competent jurisdiction), over any suit, action or other proceeding arising out of, under or in connection with this Agreement or the subject matter hereof.

11. Entire Agreement/Severability. This Agreement (including Annex A) constitutes the sole and complete understanding and agreement between the parties with respect to the matters set forth herein, and there are no other agreements or understandings, whether written or oral and whether made contemporaneously or otherwise. You agree and acknowledge that this Agreement shall not in any way affect, modify, or nullify any agreement(s) that you may have entered into with the Company that obligate you to take or refrain from taking any action subsequent to your last day of employment, including without limitation, the agreement to protect the Company's confidential information, and that any such obligations contained in those agreement(s) remain in full force and effect. No term, condition, covenant, representation or acknowledgment contained in this Agreement may be amended unless in writing signed by both parties. If any section of this Agreement is determined to be void, voidable or unenforceable, it will have no effect on the remainder of the Agreement which will remain in full force and effect.

12. Review Period and Acceptance. You will have seven (7) days from the day you receive this Agreement to consider the terms of this Agreement (the "**Review Period**"). In order to receive the benefits and payments provided for by Section 1(a) of this Agreement, (and Section 2 of this Agreement, upon execution and non-revocation of the Second Release as provided therein), you must execute this Agreement and return the executed Agreement to the Company, addressed to the Company, Attention: General Counsel, at the address specified in Section 20 of this Agreement so that it is received any time on or before the expiration of the seven (7) day Review Period. In the event you do not accept this Agreement before the expiration of the Review Period, the obligations of the Company under Sections 1 and 2 of this Agreement will automatically be deemed null and void and the Company reserves the right to terminate your employment earlier. Moreover, no payments or benefits will be paid or provided under Section 2 of this Agreement, until you have signed this Agreement and the Second Release, had your signatures notarized, and not revoked the Second Release as provided therein.

13. Voluntary Assent. By your signature on this Agreement, you affirm and acknowledge that:

(a) you have read this Agreement, and understand all of its terms, including the release and discharge of claims set forth in Section 3 above;

(b) you have voluntarily entered into this Agreement and that you have not relied upon any representation or statement, written or oral, not set forth in this Agreement;

(c) the only consideration for signing this Agreement is as set forth herein and that the consideration received for executing this Agreement is greater than that to which you may otherwise be entitled;

(d) you have been given the opportunity and you have been advised by the Company to have this Agreement reviewed by your attorney and/or tax advisor; and

(e) you have been given up to seven (7) days to consider this Agreement.

14. No Admission. Nothing contained in this Agreement, or the fact of its submission to you, will constitute or be construed as an admission of liability or wrongdoing by either party.

15. Counterparts. The Agreement may be executed in two (2) signature counterparts, each of which will constitute an original, but all of which taken together will constitute but one and the same instrument.

16. Taxes; Section 409A .

(a) All payments described in this Agreement will be subject to deduction for all required income and payroll taxes.

(b) It is intended that the payments provided for in this Agreement are intended to comply with, or be exempt from, the terms of Section 409A (“ **Section 409A** ”) of the Internal Revenue Code of 1986, as amended, and the regulations promulgated thereunder. In the event, however, that any such payments are determined to be subject to Section 409A, then the Company may make such adjustments as are reasonably required to comply with such section. The termination of your employment is intended to be a “separation of service” for purposes of Section 409A. In addition, any expense reimbursement under this Agreement will be made on or before the last day of the taxable year following the taxable year in which such expense was incurred by you, and no such reimbursement or the amount of expenses eligible for reimbursement in any taxable year will in any way affect the expenses eligible for reimbursement in any other taxable year. Notwithstanding any of the preceding, the Company makes no representations regarding the tax treatment of any payments hereunder, and you will be responsible for any and all applicable taxes.

17. Breach of Agreement. In the event of any breach by you of any provision of this Agreement (including, without limitation, Section 7 or 8 (and including the agreements referenced and incorporated therein), which breach, if susceptible to cure, is not so cured within 10 business days of the Company providing notice to you, in addition to any other remedy available to it, the Company will cease to have any obligation to make payments or provide benefits to you under this Agreement, and any continued exercisability of your stock options will cease. You agree that in the event you bring a claim covered by the release in Section 3 of this Agreement in which you seek damages against the Company or in the event you seek to recover

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against any of such entities in any claim brought by a governmental agency on your behalf, this Agreement shall serve as a complete defense to such claims. In the event of any breach by the Company, you will provide the Company with notice of such breach, and, if such breach is susceptible to cure, the Company will have 10 business days to cure such breach.

18. Third Party Beneficiaries. You acknowledge and agree that TSI Holdings and all its direct and indirect subsidiaries (other than the Company) are third party beneficiaries of this Agreement. Without limiting the foregoing sentence, TSI Holdings and such subsidiaries may enforce this Agreement against you. This Agreement may be assigned by the Company to a person or entity which is an affiliate, and will be assigned to any successor in interest to substantially all of the business operations of the Company. Upon such assignment, the rights and obligations of the Company hereunder will become the rights and obligations of such affiliate or successor person or entity. This Agreement will be binding upon the successors, and assigns of the Company. If you shall die, all amounts then payable to you hereunder shall be paid in accordance with the terms of this Agreement to your devisee, legatee or other designee or, if there be no such devisee, legatee or designee, to Executive's estate.

19. Notices. Any notices required or made pursuant to this Agreement will be in writing and will be deemed to have been given when delivered or mailed by United States certified mail, return receipt requested, postage prepaid, as follows: if to you, to the address in the Company's payroll records; if to the Company, at 5 Penn Plaza, 4th Floor, New York, NY 10001, Attn: General Counsel, or to such other address as either party may furnish to the other in writing in accordance with this Section 19. Notices of change of address will be effective only upon receipt.

Acknowledged and accepted by:

/s/ Martin Annese

Martin Annese

TOWN SPORTS INTERNATIONAL, LLC

By: /s/ Scott Milford

Name: Scott Milford

Title: SR. VP HR

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ANNEX A

Second Release

Pursuant to the Agreement between you and the Company dated February 27, 2012, the following is the Second Release referenced therein, (capitalized terms used herein without definition have the meanings specified in the Agreement).

1. Release.

(a) In consideration of the Company's obligations contained in Section 2 of the Agreement, you and your Representatives hereby release and forever discharge the Released Parties from any and all claims and rights which you may have against them, and you hereby specifically release, waive and forever hold them harmless from and against any and all such claims, liability, causes of action, compensation, benefits, damages, attorney fees, costs or expenses, of whatever nature or kind and whether known or unknown, fixed or contingent, and by reason of any matter, cause, charge, claim, right or action whatsoever, which have arisen at any time up to and including the day you execute this Second Release, including, but not limited to, those arising during or in any manner out of your employment with the Company or the termination of such employment or anything else that may have happened up to and including the day you execute this Second Release. The rights, claims, causes of action, and liabilities that you are releasing and waiving include, but are not limited to, those that concern, relate to, or might arise out of the following: salary, overtime, bonuses, equity and severance arrangements, benefit plans; commissions; breach of express or implied contract or promise; harassment, intentional injury or intentional tort, fraud, misrepresentation, battery, assault, defamation, breach of fiduciary duty, tort or public policy claims, whistleblower claims, negligence (including negligent hiring, retention and/or supervision), wrongful or retaliatory discharge, infliction of emotional injury, or any other facts or claims; retirement or any other benefits; the Equal Pay Act (29 U.S.C. §206(d), et seq.); the Age Discrimination in Employment Act (ADEA) (29 U.S.C. §621, et seq.); Title VII of the Civil Rights Act of 1964 (42 U.S.C. §2000e, et seq.); ERISA (the Employee Retirement Income Security Act of 1974 (29 U.S.C. §1001, et seq.) other than any vested ERISA benefit; COBRA (the Consolidated Omnibus Budget Reconciliation Act of 1986, 29 U.S.C. §21161, et seq.); the federal and NY WARN Act; the American with Disabilities Act (42 U.S.C. §12101, et seq.); the National Labor Relations Act and the Labor Management Relations Act, 29 U.S.C. §141 et seq.; the Family and Medical Leave Act (29 U.S.C. §2601, et seq.); the United States Constitution; the Civil Rights Act of 1991; the Civil Rights Acts of 1866 or 1871 (42 U.S.C. §§1981,1983,1985, et seq.); retaliation under any federal, state, or local law; any claims for costs or attorney fees; the fair employment practices (FEP) laws and employment-related laws of any federal, state, or local jurisdiction (including the New York State Human Rights Law, New York Administrative Code, New York Equal Pay Law, New York Whistleblower Protection Law, New York Law for the Protection of Persons with a Disability, New York Military Family Leave Law, New Jersey Law Against Discrimination, New Jersey Family Leave Act, New Jersey Paid Family Leave Law, New Jersey Conscientious Employee Protection Act, New Jersey Equal Pay Act, New Jersey Civil Rights Act), and any other federal, state, city, county or other common law, law, or ordinance, including but not limited to those where you work and/or reside. You are not releasing any rights or claims that arise following the Effective Date (as defined in Section 2 below) of this Second Release.

(b) Notwithstanding the foregoing, the release set forth in Section 1(a) of this Second Release, will not apply to (i) the obligations of the Company under the Agreement, (ii) your vested benefits under the Company's 401(k) Plan, (iii) the Company's obligations under the Equity Plan, and any related equity agreement or vested benefit(s) to which you are legally entitled, or (iv) your rights as a stockholder of TSI Holdings, (v) your right to challenge the validity of this Second Release under the Older Workers Benefit Protection Act ("OWBPA"), (vi) your right to continue healthcare insurance under COBRA; (vii) your right to receive benefits for occupational illness or injury under the Workers' Compensation Law; (viii) your right to receive unemployment benefits; and (ix) any other claims that, under controlling law, may not be released by private settlement. You further agree that the payments and benefits described in Sections 1 and 2 of the Agreement will be in full satisfaction of any and all claims for payments or benefits, whether express or implied, that you may have against the Company, TSI Holdings or any of their respective subsidiaries or affiliates arising out of your employment relationship, your service as an employee, officer or director of the Company, TSI Holdings or any of their respective subsidiaries or affiliates and your termination therefrom. You hereby acknowledge and confirm that you are providing the release set forth in this Second Release only in exchange for consideration in addition to anything of value to which you are already entitled.

(c) You and your Representatives represent and agree that you have not filed any lawsuits against any Released Party, or filed or caused to be filed any charges or complaints against any Released Party with any municipal, state or federal agency charged with the enforcement of any law. Pursuant to and as a part of your release of the Released Parties, you and your Representatives agree, except for your right, if any, to bring a proceeding pursuant to the Older Workers Benefit Protection Act to challenge the validity of the release of claims pursuant to the Age Discrimination in Employment Act contained in Section 1(a) of this Second Release, and consistent with the EEOC Enforcement Guidance On Non-Waivable Employee Rights Under EEOC-Enforced Statutes dated April 11, 1997, and otherwise to the maximum extent permitted by applicable law, not to sue or file a charge or complaint against any Released Party in any forum or assist or otherwise participate willingly or voluntarily in any claim, suit, action, investigation or other proceeding of any kind which relates to any matter that involves any Released Party, and that occurred up to and including the day of your execution of this Second Release, unless as required to do so by court order, subpoena or other directive by a court, administrative agency or legislative body, other than to enforce the Agreement. With respect to the claims you are waiving herein, you are waiving any right to receive money or any other relief in any action instituted on your behalf by any other person, entity or government agency.

(d) You expressly understand and acknowledge that it is possible that unknown losses or claims exist or that present losses may have been underestimated in amount or severity, and that you explicitly took that into account in determining the amount of consideration to be paid for the giving of this Second Release, and a portion of said consideration and the mutual covenants contained herein, having been agreed between the parties with the knowledge of the possibility of such unknown claims, were given in exchange for a full satisfaction and discharge of all such claims.

(e) Nothing in this Second Release will affect the Company and TSI Holdings' obligation to indemnify, defend and hold you harmless to the fullest extent allowable by applicable law and their respective charter and by-laws with respect to your acts or omissions in your capacity as an officer or director of the Company, TSI Holdings and their respective subsidiaries and affiliates.

2. Period for Review and Acceptance. You will have twenty-one (21) days from the day you receive this Second Release to consider the terms of this Second Release (the "**Review Period**"). In order to receive the benefits and payments provided for by Section 2 of the Agreement, you must execute this Second Release, have your signature notarized and return the executed Second Release to the Company, addressed to the Company, Attention: General Counsel, at the address specified in Section 20 of the Agreement so that it is received any time on or before the expiration of the twenty-one (21) day period. After executing the Second Release, you will have seven (7) days (the "**Revocation Period**") to revoke it by indicating your desire to do so in writing addressed to and received by the General Counsel at the address set forth in Section 19 of the Agreement no later than the seventh (7th) day following the day you executed the Second Release. In the event you do not accept the Second Release prior to the expiration of the 21-day Review Period, or in the event you revoke the Second Release during the Revocation Period, the obligations of the Company to make the payments and provide the benefits set forth in Section 2 of the Agreement will automatically be deemed null and void. No payments or benefits will be paid or provided under Section 2 of the Agreement, until you have signed the Second Release (and previously, the Agreement), and not revoked the Second Release during the Revocation Period. The "**Effective Date**" of this Second Release shall be the day following the expiration of the Revocation Period, so long as you have not revoked this Second Release during the Revocation Period.

3. Voluntary Assent. By your signature on this Second Release, you affirm and acknowledge that:

(a) you have read the Agreement and the Second Release, and understand all of their terms;

(b) you have voluntarily entered into this Second Release and that you have not relied upon any representation or statement, written or oral, not set forth in the Agreement or this Second Release;

(c) the only consideration for signing this Second Release is as set forth in Section 2 of the Agreement and that the consideration received for executing this Second Release is greater than that to which you may otherwise be entitled;

(d) you have been given the opportunity and you have been advised by the Company to have this Second Release reviewed by your attorney and/or tax advisor; and

(e) you have been given up to twenty-one (21) days to consider this Second Release and that you understand that you have seven (7) days after executing it to revoke it in writing, and that, to be effective, such written revocation must be received by the Company within the seven (7) day Revocation Period.

4. Counterparts. This Second Release may be executed in two (2) signature counterparts, each of which will constitute an original, but all of which taken together will constitute but one and the same instrument.

5. Breach of Agreement. In the event of any breach by you of any provision of the Agreement or this Second Release, which breach, if susceptible to cure, is not so cured within 10 business days of the Company providing notice to you, in addition to any other remedy available to it, the Company will cease to have any obligation to make payments or provide benefits to you under the Agreement, and any continued exercisability of your stock options will cease. You agree that in the event you bring a claim covered by the release set forth in Section 1 of this Second Release in which you seek damages against the Company or in the event you seek to recover against any of such entities in any claim brought by a governmental agency on your behalf, this Second Release shall serve as a complete defense to such claims. In the event of any breach by the Company of the Agreement, you will provide the Company with notice of such breach, and, if such breach is susceptible to cure, the Company will have 10 business days to cure such breach.

6. Third Party Beneficiaries. You acknowledge and agree that TSI Holdings and all its direct and indirect subsidiaries (other than the Company) are third party beneficiaries of this Second Release. Without limiting the foregoing sentence, TSI Holdings and such subsidiaries may enforce this Second Release against you. This Second Release may be assigned by the Company to a person or entity which is an affiliate, and will be assigned to any successor in interest to substantially all of the business operations of the Company. Upon such assignment, the rights and obligations of the Company hereunder will become the rights and obligations of such affiliate or successor person or entity. This Second Release will be binding upon the successors, and assigns of the Company.

Acknowledged and accepted by:

TOWN SPORTS INTERNATIONAL, LLC

By: \_\_\_\_\_

Name:

Title:

/s/ Martin Annese

Martin Annese

March 9, 2012

Terry G. Kew  
36 Spencer Road  
Killara, NSW 2071  
Sydney, Australia

Re: Town Sports International, LLC Offer Letter

Dear Terry:

Town Sports International, LLC (the "Company" or "TSI") a subsidiary of Town Sports International Holdings, Inc ("TSI Holdings"), is pleased to extend this offer of employment to you for the position of Chief Operating Officer. Your first day with the Company will be a mutually agreed upon date within two weeks of your receipt of a U.S. Visa. You will be based at our headquarters located at 5 Penn Plaza, New York, New York.

The following will outline the general terms of our employment offer:

1. Position. As Chief Operating Officer, you will report directly to Robert Giardina, Chief Executive Officer and President, and will perform the duties and services assigned to you by the Company. You shall devote your full time and attention to the affairs of the Company and to your duties on the Company's behalf. Your employment will be subject to all Company policies, procedures and practices as may currently exist or as may be modified or implemented in the future, including our Code of Ethics and Business Conduct and Employee Handbook. In addition, by accepting employment with the Company, you agree to enter into, and comply with, the Company's Confidentiality and Non-solicitation Agreement and to arbitrate any disputes arising out of your employment as set forth in the Company's Dispute Resolution Program. These documents will be provided to you as part of your new hire package and you will be required to sign them prior to beginning your employment with the Company.

2. Compensation. Your initial annual base salary will be \$350,000, payable in accordance with the Company's standard payroll practices and subject to all applicable tax withholdings. Wages are paid every other week, on Friday. Future salary increases will be based on demonstrated job performance. Your performance will be reviewed each year in accordance with Company policy and practice Your first formal review will be scheduled for January 2013.

3. Bonus. As Chief Operating Officer, you will be eligible to participate in the Company's bonus plans that may be implemented for similar level employees of the Company, and as may be amended from time to time at the discretion of the Company. Under TSI's current performance bonus plan, you will have a bonus target of fifty percent (50%) of your annual base salary. Payment of a bonus under the plan is made on an annual basis, based upon Company

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performance against certain targets as outlined or approved by the Board of Directors, and can be increased or decreased based on the actual Company results and your individual performance toward mutually acceptable objectives. Actual incentive payments will usually be paid in the first quarter of the following year, after appropriate approval from the Board of Directors, or the appropriate committee of the Board of Directors.

4. Employee Benefits. Upon commencement of employment, you will be eligible to participate in all employee benefit programs as are generally available to other executives of the Company in accordance with the terms and conditions of the applicable benefits plans, programs, policies and/or practices.

You will be eligible to join the Company's executive benefit program on the first of the month following the date you begin employment. You will be eligible to join the Company's 401(k) program on the first of the month of the quarter following your one (1) year anniversary with the Company. In the event that changes are made to any of the benefit plans, such changes will apply to you as they apply to other employees of the Company.

You will be eligible for vacation, holidays and time off in accordance to the Company's paid time off policy (PTO) consistent with all other executives. Please be aware that TSI's PTO policy does not allow carryover of unused PTO from year to year, and is not paid out upon termination of employment.

You are also eligible to receive, subject to approval of the Compensation Committee of the Board of Directors, 75,000 restricted shares of common stock of TSI Holdings (or any successor entity), which award shall vest twenty-five (25%) percent per year, commencing on the first anniversary of the award date. The award is subject to the terms and conditions of the TSI Holdings 2006 Stock Incentive Plan, as amended, and the related award agreement.

You will be eligible to participate in TSI's Executive Severance Agreement, which will be provided to you as part of your new hire package and which you will be required to sign prior to beginning your employment. A draft of the agreement is attached to this letter for your review.

You will be reimbursed for all normal business expenses in accordance with Company policy.

5. Relocation and Moving Expenses. The Company will reimburse you for your reasonable relocation and moving expenses which you incur in relocating for this position, up to a total maximum amount of \$25,000. Pursuant to the Company's reimbursable expenses policy, you will be responsible for accurately recording all expenses submitted for reimbursement and providing original receipts or similar documentation of the expenses.

If you voluntarily resign your employment with one (1) year of your start date for any reason, you agree, by your execution of this offer letter, that you will reimburse TSI, within thirty (30) days of your resignation, for any and all relocation and moving expenses paid to you.

6. Severance In the event that your employment is terminated by the Company without Cause (as hereinafter defined), subject to the execution of the Company's standard

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release agreement within 45 days from the date of termination and your continued compliance with the covenants contained in the Restricted Stock Agreement (including, without limitation, Section 12 ), you shall continue to receive your base salary (at the rate in effect at the time of termination) for a period of one (1) year from the date of termination (the “Severance”). Such payments will commence as soon as practical after the effectiveness of the release and the first payment shall include the payments that you would have received if the release were effective on the date of termination. The payments will be made consistent with the Company’s prevailing payroll practices and will be less all applicable withholding taxes.

As used above, “Cause” means the Company’s termination of your employment as a result of: (i) your failure to perform any material portion of your duties (which is not cured within 10 business days of written notice from the Company describing such failure); (ii) the commission of any fraud, misappropriation or misconduct by you that causes, or is reasonably likely to cause, injury, monetarily or otherwise, to the Company or an affiliate; (iii) the conviction of, or pleading guilty or no contest to, a felony involving moral turpitude; (iv) an act resulting or intended to result, directly or indirectly, in material gain or personal enrichment to you at the expense of the Company or an affiliate; (v) any material breach of your fiduciary duties to the Company or an affiliate as an employee or officer; (vi) a material violation of the TSI Code of Ethics and Business Conduct, as amended from time to time, or other policies and procedures of the Company; (vii) any material breach of the terms of any agreement between you and the Company or any affiliate, including any of the restrictive covenants imposed pursuant to the Holdings stock option and similar incentive plans and the related stock option agreement issued thereunder.

In the event your employment terminates for any reason other than by the Company without Cause, you shall not be eligible for the Severance and you shall only be entitled to payment of base salary through the date of termination, reimbursement of business expenses incurred through the date of termination in accordance with the Company’s policy and any other rights pursuant to applicable law. The Severance shall be in lieu of any severance or other payment under the Executive Severance Agreement and not duplicative. In the event of a breach of the restrictive covenants to which you are bound, in addition to any other remedy available to the Company, the Company will cease payment of the Severance and may recoup any severance previously paid to you.

7. Visa Sponsorship. As part of your compensation package and in exchange for the promises you have made concerning your employment with us, if you accept our offer, we agree to sponsor you and your immediate family for an E-3 non-immigrant visa so that you can work for us. In this regard, we will pay all reasonable and customary legal fees and expenses connected with your receipt of this non-immigrant visa so that you can work for us, prepared by TSI’s immigration attorney.

8. Employment at Will. In accepting this offer, you understand and agree that your employment with the Company shall be at-will, which means that either you or the Company are free to terminate your employment at any time, for any reason or no reason, with or without notice. You further understand and acknowledge that there is no written or oral contract providing you with any definite or specific term of employment. You further understand and agree that, due to your at-will status, the Company may, at any time, modify the terms of your employment, including, but not limited to, your job title, job responsibilities, compensation and benefits.

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9. Truthful Representations. You acknowledge and confirm that all of the representations you have made and all of the information that you have provided to the Company on any employment application, resume or any other document, or orally during the interview process, concerning, among other things, your prior employment history, education, experience and other qualifications, are true and correct. You understand and agree that any falsifications, misrepresentations, or omissions with respect to any of the representations and information that you have made or provided to the Company may be grounds for the withdrawal of this offer of employment or, if hired, the termination of your employment.

10. Other Conditions and Obligations. By signing this agreement, you represent that you are not subject to any currently-effective employment contract, or any other contractual or other binding obligation, including without limitation, any obligation relating to noncompetition, confidentiality, trade secrets, proprietary information or works for hire, that would restrict your employment or employment activities with or on behalf of the Company. In your work for the Company, you will be expected not to use or disclose any confidential information, including trade secrets, of any former employer or other person to whom you have an obligation of confidentiality. You agree you will not bring onto Company premises any unpublished documents or property belonging to any former employer or other person to whom you have any obligation of confidentiality.

You further acknowledge that this letter constitutes the sole and complete understanding between you and the Company with respect to this offer of employment and your prospective employment, and you hereby acknowledge that there are no other agreements, understandings or representations, whether written or oral and whether made contemporaneously or otherwise, with respect to this offer of employment.

You further understand and acknowledge that your employment with the Company is contingent upon:

- The approval and continued validity of your non-immigrant visa by the U.S. Citizenship and Immigration Services (“USCIS”), the U.S. Department of Labor (“DOL”) and the U.S. Department of State (“DOS”), as applicable. We shall use reasonable efforts to obtain a non-immigrant visa ( *i.e.* , E-3) on your behalf. However, you acknowledge that we cannot guarantee you a visa as the final decision lies with the USCIS and the DOS. You are expected to maintain your non-immigrant visa status at all times.
- Your satisfactory completion of reference and background checks that are conducted by the Company.
- Your completion of Section 1 of the Form I-9 on or before the end of your first (1st) day of employment and your presentation of your original documentation verifying your work eligibility and identification on or before the third (3rd) day of your employment.

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We all look forward to you joining our Executive team. Please do not hesitate to contact me if you have any questions.

Please indicate your acceptance of this offer of employment by signing this Offer Letter and returning the signed letter to me at the above address

Very truly yours,

TOWN SPORTS INTERNATIONAL, LLC

By:

/s/ Robert Giardina  
Robert Giardina

**ACKNOWLEDGEMENT:**

I have read and understand all of the terms of this letter and I accept and agree to all of the terms set forth therein.

ACCEPTED AND AGREED TO:

/s/ Terry G. Kew  
Terry G. Kew

Date: 03/09/2012

**CERTIFICATION**

I, Robert Giardina, certify that:

1. I have reviewed this Quarterly Report on Form 10-Q for the quarter ended March 31, 2012 of Town Sports International Holdings, Inc.;
2. Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
3. Based on my knowledge, the financial statements and other financial information included in this report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of and for, the periods presented in this report;
4. The registrant's other certifying officer and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and have:
  - (a) designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
  - (b) designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
  - (c) evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
  - (d) disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting; and
5. The registrant's other certifying officer and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):
  - (a) all significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
  - (b) any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

By: /s/ Robert Giardina

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Robert Giardina  
Chief Executive Officer

Date: April 24, 2012

**CERTIFICATION**

I, Daniel Gallagher, certify that:

1. I have reviewed this Quarterly Report on Form 10-Q for the quarter ended March 31, 2012 of Town Sports International Holdings, Inc.;
2. Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
3. Based on my knowledge, the financial statements and other financial information included in this report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of and for, the periods presented in this report;
4. The registrant's other certifying officer and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and have:
  - (a) designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
  - (b) designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
  - (c) evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
  - (d) disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting; and
5. The registrant's other certifying officer and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):
  - (a) all significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
  - (b) any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

By: /s/ Daniel Gallagher  
Daniel Gallagher  
Chief Financial Officer

Date: April 24, 2012

**CERTIFICATION PURSUANT TO  
18 U.S.C. SECTION 1350  
AS ADOPTED PURSUANT TO  
SECTION 906 OF THE SARBANES-OXLEY ACT OF 2002**

I, Robert Giardina, certify, pursuant to 18 U.S.C. §1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002, that:

(1) The Quarterly Report on Form 10-Q of the Company for the quarterly period ended March 31, 2012 (the "Report") fully complies with the requirements of Section 13(a) and 15(d) of the Securities Exchange Act of 1934, as amended (15 U.S.C. 78m); and

(2) The information contained in the Report fairly presents, in all material respects, the financial condition and results of operations of the Company.

/s/ Robert Giardina

Robert Giardina  
Town Sports International Holdings, Inc.  
Chief Executive Officer

April 24, 2012

A signed original of this written statement required by Section 906 has been provided to the Company and will be retained by the Company and furnished to the Securities and Exchange Commission or its staff upon request.

**CERTIFICATION PURSUANT TO  
18 U.S.C. SECTION 1350,  
AS ADOPTED PURSUANT TO  
SECTION 906 OF THE SARBANES-OXLEY ACT OF 2002**

I, Daniel Gallagher, certify, pursuant to 18 U.S.C. §1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002, that:

(1) The Quarterly Report on Form 10-Q of the Company for the quarterly period ended March 31, 2012 (the "Report") fully complies with the requirements of Section 13(a) and 15(d) of the Securities Exchange Act of 1934, as amended (15 U.S.C. 78m); and

(2) The information contained in the Report fairly presents, in all material respects, the financial condition and results of operations of the Company.

/s/ Daniel Gallagher

Daniel Gallagher

Town Sports International Holdings, Inc.

Chief Financial Officer

April 24, 2012

A signed original of this written statement required by Section 906 has been provided to the Company and will be retained by the Company and furnished to the Securities and Exchange Commission or its staff upon request.